

2013 Travel Bursary Recipient

I had the chance of receiving a \$500 bursary when I attended the CAGP 2013 annual meeting. At that time, I was a PGY-4 resident in psychiatry who already had an interest in Geriatric Psychiatry. This kind of bursary is very unique to the CAGP, so it gave me a very good impression of the Academy, which I was not familiar with at the time. It showed me that Geriatric Psychiatrists care a lot about residents' training and wellbeing. It encouraged me and motivated me to attend future CAGP conferences. Residents in general enjoy attending conferences and meetings, but the high costs related to them may discourage some of us, especially if it requires to travel and pay for plane tickets and hotels. Our salaries are not too high and we don't have access to tax refund for conferences. I strongly believe that it is important to support residents financially for education purposes: it really makes a difference for us. I am still grateful to the CAGP for helping me financially in my earlier training years and plan on continuing to attend these meetings in the future as a staff.

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