



# Building Resilience in Seniors' Mental Health in Canada

CANADIAN ACADEMY OF GERIATRIC PSYCHIATRY AND CANADIAN  
COALITION FOR SENIORS' MENTAL HEALTH

The Rimrock Resort Hotel, Banff  
October 25-26, 2019




#CAGPCCSMH2019  
#TheFutureIsResilience

# ANNUAL SCIENTIFIC MEETING PROGRAM

Upon completion of the conference, participants should be able to:

1. Identify the importance of resilience in seniors' mental health and the neurobiological, psychosocial and behavioural factors contributing to resilience.
2. Describe approaches to nurture and build resilience in older adults.
3. Explore the changing landscape of seniors' mental health in Canada.

Trainee Stream
Geriatric Psychiatrist Stream
Interprofessional Stream

Friday, October 25, 2019		
7:00 a.m. - 8:00 a.m.	Conference Check-In Breakfast	Wildrose Prefunction
8:00 a.m. – 8:15 a.m.	<b>Welcome and Opening Remarks</b> Petal Abdool and Andrea Iaboni, ASM Co-Chairs David Conn, Kiran Rabheru and Claire Checkland, CCSMH	Wildrose BC
8:15 a.m. – 9:15 a.m.	<b>Resilience and Aging: Resilience-building Interventions for Geriatric Mood and Cognitive Disorders</b> Helen Lavretsky  At the end of the session, the participant will be able to: <ul style="list-style-type: none"> <li>• review the construct of psychological resilience applied to geriatric mood and cognitive disorders;</li> <li>• discuss biomarkers of resilience in geriatric depression; and</li> <li>• use the resilience-building mind-body interventions for geriatric mood and cognitive disorders.</li> </ul>	Wildrose BC
9:15 a.m. - 10:15 a.m.	Poster Session	Hawthorn BC
10:15 a.m. - 11:15 a.m.	Concurrent Sessions Block 1	
	<b>1. Medical Assistance in Dying</b> Michael Trew  At the end of the session, the participant will be able to: <ul style="list-style-type: none"> <li>• identify the requirements to qualify for Medical Assistance in Dying in Canada;</li> </ul>	Wildrose C



Plenary



Symposium



Clinical Case






Workshop



Oral Abstract  
Presentation



Social Events

	<ul style="list-style-type: none"> <li>• identify the safeguards in law and procedure to protect vulnerable individuals; and</li> <li>• outline the basic tenets of Capacity Assessment in the context of MAID.</li> </ul>	
	<p><b>2. National Guidelines for Substance Use Disorders among Older Canadians: From Evidence to Action!</b></p> <p>David Conn, Kiran Rabheru, Dallas Seitz, Christopher Kitamura, Nancy Vasil, Lisa Van Bussel, Keri-Leigh Cassidy</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>• review some of the key recommendations from the recently released CCSMH Guidelines for alcohol, benzodiazepine, cannabis and opioid use disorders among older adults in Canada;</li> <li>• understand approaches for preventing, assessing and treating substance use disorders; and</li> <li>• contribute ideas regarding the implementation of the Guidelines in their region and to provide input into knowledge translation tools.</li> </ul>	Wildrose A
	<p><b>3. Innovative Approaches to Managing Acute and Protracted Withdrawal from Alcohol and Sedative-Hypnotics in Seniors</b></p> <p>Peter Chan, Ashok Krishnamoorthy</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>• identify alcohol and sedative-hypnotic use disorders, and those at high risk for alcohol withdrawal in hospitalized seniors;</li> <li>• describe the various evidence-based options in managing alcohol or benzodiazepine withdrawal; and</li> <li>• recognize the pharmacological and non-pharmacological strategies in managing community-based seniors with an alcohol or sedative-hypnotic use disorder.</li> </ul>	Wildrose B
 <p><i>In this session we will hear three 20-minute oral</i></p>	<p><b>4. Nothing About Us Without Us: Creating the First Canadian Charter of Rights for People with Dementia</b></p> <p>Christene Gordon</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>• explain the benefits of a rights-based approach to the engagement of people with dementia;</li> <li>• use the Charter of Rights for People with Dementia as an effective advocacy tool; and</li> </ul>	Hawthorn A



Plenary



Symposium



Clinical Case




Workshop



Oral Abstract  
Presentation



Social Events

<i>abstract presentations</i>	<ul style="list-style-type: none"> <li>integrate lessons about how to engage people with dementia in their own Practice settings.</li> </ul> <p><b>5. Acceptability of Personal Contact and Group Activity Interventions to Address Loneliness for People With Dementia</b> Hannah O'Rourke</p> <ul style="list-style-type: none"> <li>describe and define the features of personal contact and group activity interventions;</li> <li>differentiate between aspects of acceptability and describe how personal contact and group activity interventions compare on these features; and</li> <li>identify key considerations for the design of personal contact and group activity interventions to optimize their acceptability.</li> </ul> <p><b>6. Person-Centred Language Matters!</b> Tina Kalviainen, Kate Ducak</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>recognize the importance of person-centred language (PCL) when speaking with older adults presenting with responsive behaviours that may be associated with dementia, complex mental health and substance use and their care partners;</li> <li>utilize Behavioural Supports Ontario's (BSO) PCL Commitment Statements by examining what it means to: 1) See the Person First, 2) Build Trusting Relationships, 3) Consider All Forms of Communication, and 4) Advocate for Person-Centred Language; and</li> <li>identify strategies to support and guide the implementation and spread of the BSO Person-Centred Language Initiative within their clinical teams.</li> </ul>	
11:30 a.m. - 12:30 p.m.	Concurrent Sessions Block 2	
	<p><b>7. Advocating for Mental Health Services for Older Adults in Canada: Tools and Strategies</b> Marie-France Tourigny-Rivard, Adele Loncar, Alexa Bol</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>easily access and use three recently published knowledge translation and mobilization tools and resources developed by the Mental Health Commission of Canada;</li> </ul>	Wildrose C



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Clinical Case






Workshop



Oral Abstract  
Presentation



Social Events

	<ul style="list-style-type: none"> <li>develop a specific plan on how to use one or more of these tools in their clinical activities to improve one of the geriatric mental health services they provide; and</li> <li>develop a specific plan to support the development of new services for older adults in their region.</li> </ul>	
	<b>8. What It Entails to be a Geriatric Psychiatrist – Meet the Experts</b> Shabbir Amanullah, Keri-Leigh Cassidy, Paul Blackburn  At the end of this session, participants will be able to: <ul style="list-style-type: none"> <li>identify career options;</li> <li>discuss the scope and practice of a geriatric psychiatrist; and</li> <li>engage in one-to-one discussion with those in geriatric psychiatry.</li> </ul>	Wildrose A
	<b>9. CBT Express: Using the Wellness App for Health Behaviour Change and Resilience</b> Beverley Cassidy, Kiran Rabheru  At the end of this session, participants will be able to: <ul style="list-style-type: none"> <li>use The Wellness App to jumpstart and support health behaviour change with patients in clinical care;</li> <li>define five target areas of health behaviour with evidence to support long-term resilience and brain health; and</li> <li>apply CBT, ACT and positive psychology strategies for health behaviour change.</li> </ul>	Wildrose B
  <i>In this session we will hear three 20-minute oral abstract presentations</i>	<b>10. Reducing Harm Related to High-Risk Behaviours Among Formerly Homeless Older Adults: A Calgary-based Qualitative Case Study</b> Lara Nixon  At the end of this session, participants will be able to: <ul style="list-style-type: none"> <li>compare principles of harm reduction with those of geriatric care, particularly in the context of caring for formerly homeless older adults with complex health and social needs;</li> <li>describe strategies to mitigate harm related to high-risk behaviours through modification of the physical, social, political and economic environment; and</li> <li>assess opportunities for collaborative upstream advocacy to improve access to suitable health, housing and social services for homeless older adults.</li> </ul>	Hawthorn A



Plenary



Symposium



Clinical Case



Workshop



Oral Abstract  
Presentation



Social Events

	<p><b>11. An Immersive Simulation to Build Empathy for Geriatric Patients with Co-occurring Physical and Mental Illness</b> Petal Abdool</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>describe unique challenges faced by geriatric patients with co-occurring physical and mental health needs;</li> <li>understand key design considerations for immersive simulation experiences; and</li> <li>demonstrate how a mixed methods framework can be used to evaluate learning outcomes and inform program improvements.</li> </ul> <p><b>12. Waterloo Wellington Behaviour Support Team (BSOT) Successful Transitions for Older Adults with Opiate Use Disorders: A Case Study</b> Audrey Devitt, Marilyn White Campbell</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>identify opiate use disorders (OUDs) in older adults;</li> <li>discuss geriatric considerations related to medical withdrawal from opiate and apply best practice methods to ensure safe and successful transitions within community settings; and</li> <li>discuss the pathways that lead to a successful transition avoiding LTCH admission.</li> </ul>	
12:30 p.m. - 1:30 p.m.	Lunch	Wildrose Prefunction
12:30 p.m. - 1:30 p.m.	<p>Trainee Lunch</p> <p><i>*lunch is available from the main buffet in Wildrose Prefunction</i></p>	Wildrose A
1:30 p.m. - 2:30 p.m.	<p><b>Cannabis and Dementia: Weeding Through the Evidence</b> Krista Lanctot</p> <p>At the end of the session, the participant will be able to:</p> <ul style="list-style-type: none"> <li>list major cannabinoid receptors and their functions;</li> <li>summarize the evidence supporting use of cannabinoids in Alzheimer's disease; and</li> <li>describe new results on efficacy and safety of nabilone for treatment of agitation in dementia.</li> </ul>	Wildrose BC
2:30 p.m. – 3:00 p.m.	Networking Break	Wildrose Prefunction



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Symposium



Clinical Case







Workshop



Oral Abstract  
Presentation



Social Events

3:00 p.m. – 4:00 p.m.	Concurrent Sessions Block 3	
	<b>13. Electroconvulsive Therapy in Canada: Emerging Trends in Geriatric Practice: Part 1</b> Kiran Rabheru, Peter Chan, Caroline Gosselin, Robyn Waxman  At the end of this session, participants will be able to: <ul style="list-style-type: none"> <li>describe the principles of managing a break-through depression for those older Canadians undergoing a course of maintenance ECT;</li> <li>consider treatment options for geriatric ECT patients with very high seizure thresholds or with post-ictal agitation; and</li> <li>identify the potential role of ECT for patients with behavioural and psychological symptoms of dementia.</li> </ul>	Wildrose B
	<b>14. Integrating CBT for Insomnia (CBTi) into Your Practice</b> Christopher Kitamura  At the end of this session, participants will be able to: <ul style="list-style-type: none"> <li>incorporate a practical approach to integrating CBTi into their practice;</li> <li>apply CBTi to a common case (benzodiazepine dependence); and</li> <li>describe evidence for CBTi and innovative treatment models.</li> </ul>	Wildrose A
	<b>15. The Behavioural Supports Ontario-Dementia Observation System (BSO-DOS®): Interdisciplinary Innovation &amp; Collaboration Leading to Objective and Measurable Direct Observation Documentation</b> Debbie Hewitt Colborne, Andrea Iaboni, Lisa Van Bussel  At the end of this session, participants will be able to: <ul style="list-style-type: none"> <li>integrate direct behavioural observation of individuals living with dementia experiencing responsive behaviours/personal expressions as an integral part of interprofessional assessment, care planning and clinical decision-making;</li> <li>describe the innovations within the new BSO-DOS® and its value within the multidisciplinary team; and</li> <li>identify strategies to support the implementation and meaningful utilization of the BSO-DOS® within their clinical teams utilizing the BSO-DOS® supporting resources (e.g., Start-Up Checklist, User Guide, Resource Manual and Instructional Video).</li> </ul>	Wildrose C
	<b>16. Project ECHO: Utilizing Virtual Education to Build Capacity in Geriatric Mental Health</b> David Conn, Lisa Sokoloff, Cindy Grief, Shaen Gingrich	Hawthorn A



Plenary



Symposium



Clinical Case




Workshop



Oral Abstract  
Presentation



Social Events

	<p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>• describe the ECHO process for building capacity of primary care providers/staff in geriatric care;</li> <li>• describe the benefits and challenges of the ECHO program for primary care providers and specialists (e.g., geriatric psychiatrists); and</li> <li>• discuss possible applications of Project ECHO in their work environment.</li> </ul>	
4:10 p.m. – 5:10 p.m.	Concurrent Sessions Block 4	
 <p><i>In this session we will hear three 20-minute clinical case presentations</i></p>	<p><b>17. Beyond Dementia: An Interdisciplinary Approach to Managing Serious Mental Illness in Long-term Care</b> Aviva Rostas, Leslie Giddens-Zuker</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>• summarize the epidemiology of non-dementia mental illnesses in long-term care;</li> <li>• discuss practical strategies and assessment tools to help distinguish dementia from other mental illnesses; and</li> <li>• utilize interdisciplinary models to support clients with mental illness in the long-term care setting.</li> </ul> <p><b>18. Paradoxical Complete Resolution of Depression, Psychosis and Suicidal Ideation Following a Traumatic Brain Injury</b> Anthony Yeung</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>• describe the epidemiology of neuropsychiatric disorders after a traumatic brain injury;</li> <li>• describe the neuroanatomy and neurocircuitry of psychiatric disorders; and</li> <li>• assess and manage the care of older adults with traumatic brain injuries more effectively.</li> </ul> <p><b>19. Post-Traumatic Stress Disorder in Major Neurocognitive Disorder: A Case Series</b> Marie-Andrée Bruneau, Klara Pokrzywko</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>• appraise neurobiological and psychosocial interconnections between PTSD and MND;</li> </ul>	Hawthorn A



Plenary



Symposium



Clinical Case



Workshop





Oral Abstract  
Presentation



Social Events



	<ul style="list-style-type: none"> <li>distinguish PTSD symptoms from BPSD in MND; and</li> <li>apply relevant treatment strategies regarding PTSD symptoms in MND.</li> </ul>	
	<p><b>20. Integrated Mental Health and Medical Care in Action: Reports from the Frontlines of Clinical, System Planning, Leadership and Advocacy Efforts</b> Chair: Sophiya Benjamin</p> <p><b>21. Improved System Integration and Collaboration from Joint Leadership in Mental Health and Medical Care</b> Kevin Young</p> <p><b>22. Developing an Integrated Picture of Specialized Geriatric Services in Ontario</b> Kelly Kay</p> <p><b>23. Advocacy</b> Valerie Scarfone</p> <p><b>24. Forging Interprofessional Collaboration and Improving Access to Geriatric Expertise With eConsult: GeriMedRisk</b> Joanne Ho, Sophiya Benjamin</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>describe four real-life examples of medicine and psychiatry collaboration in action;</li> <li>formulate ideas for such implementation in clinical, system planning, leadership and advocacy domains; and</li> <li>advocate for system change at various levels to promote integration of mental health and medical care while preserving the unique strengths of each field.</li> </ul>	Wildrose A
	<p><b>25. Electroconvulsive Therapy in Canada: Emerging Trends in Geriatric Practice: Part 2</b> Kiran Rabheru, Peter Chan, Caroline Gosselin</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>identify the Canadian ECT Standards audit tool and consider its benefit for local programs;</li> <li>describe the core principles of the RCPSC CBD framework of postgraduate education for ECT in Canada; and</li> <li>reflect on the development of a potential Canadian ECT registry.</li> </ul>	Wildrose B



Plenary



Symposium



Clinical Case





Workshop



Oral Abstract  
Presentation



Social Events

	<p><b>26. Baycrest Quick Response Caregiver Tool</b> Robert Madan, Kenneth Schwartz</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>• list two evidence-based pharmacological interventions for responsive behaviours;</li> <li>• compare and contrast two non-pharmacological interventions for responsive behaviours; and</li> <li>• describe the “Baycrest Quick Response Caregiver Tool” and list the five steps of the tool.</li> </ul>	Wildrose C
<p>5:20 p.m. - 6:20 p.m.</p>	<p>CAGP Annual General Meeting (members only)</p>	
<p>7:00 p.m. onward!</p>  <p><i>(Please note: tickets are additional and must be purchased in advance)</i></p>	<p><b>2019 CAGP-CCSMH Celebration and Awards Dinner: Open Mic Night!</b></p> <p>Please join us for a fun night of socializing, good food and music! We are holding an open-mic night this year at our dinner and want YOU to show us your best! Warm up those vocal cords or even tell a joke. The stage is all yours! Please send an email to <a href="mailto:events@secretariatcentral.com">events@secretariatcentral.com</a> if you want to be included in the evening’s line-up of fabulous entertainment or would like to nominate someone to get up there and do their thing!</p> <p><b>9:30 p.m. – Resident gathering begins</b></p>	<p>Saltlik Steakhouse 221 Bear Street, Banff \$\$</p>



Plenary



Symposium



Clinical Case






Workshop



Oral Abstract  
Presentation



Social Events

Saturday, October 26, 2019		
7:45 a.m. - 8:30 a.m.	Conference Check-In Breakfast	
8:30 a.m. - 9:30 a.m. 	<b>Making Psychosocial Treatment Available to Older Adults</b> Patricia Areal  At the end of this session, participants will be able to: <ul style="list-style-type: none"> <li>• identify effective psychosocial treatments and their access challenges in older adults</li> <li>• describe outreach and integrated care models and the evidence supporting them.</li> <li>• understand how to streamline treatments based on service demands and to use technology to support treatment in older adults.</li> </ul>	Wildrose BC
9:30 a.m. - 10:30 a.m.	Networking Break	Wildrose Prefunction
9:30 a.m. - 10:30 a.m.	Track Poster Session (invite only)	Hawthorn BC
10:30 a.m. - 11:30 a.m.	Concurrent Sessions Block 5	
	<b>27. Geriatric Interest Groups: Supporting Trainees with Interest in Geriatrics to Improve the Care of Canadian Seniors</b> Amanda Canfield, Ari Cuperfain  At the end of this session, participants will be able to: <ul style="list-style-type: none"> <li>• describe geriatric interest groups and their history within Canada;</li> <li>• summarize the literature on the impact of geriatric interest groups and early clinical exposures in geriatrics; and</li> <li>• access resources and opportunities provided through geriatric interest groups as well as provide input on potential future directions.</li> </ul>	Hawthorn C
	<b>28. Technology Supporting Resilience in Dementia: Patient-facing and Provider-facing Innovations</b> Andrea Iaboni, Shital Desai  At the end of this session, participants will be able to: <ul style="list-style-type: none"> <li>• review the uses of technology in dementia care;</li> <li>• identify ethical and practice issues relating to the use of technology for and by people living with dementia; and</li> <li>• explore opportunities for the implementation of technology in clinical care.</li> </ul>	Wildrose A



Plenary



Symposium



Clinical Case



Workshop



Oral Abstract  
Presentation



Social Events

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Plenary



Symposium



Clinical Case





Workshop



Oral Abstract  
Presentation



Social Events

 <p><i>In this session we will hear three 20-minute oral abstract presentations</i></p>	<p><b>29. Agitation in Dementia: Advances in Measurement-based Care</b> Zahinoor Ismail</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>• review the International Psychogeriatric Association (IPA) agitation definition;</li> <li>• discuss the role of measurement-based care in treatment decisions; and</li> <li>• explore novel ways of measuring agitation, consistent with the IPA definition.</li> </ul> <p><b>30. Behavioural Support Teams in Acute Care: Lessons learned in Five Years with Potential for Scaling Up</b> Kiran Rabheru</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>• describe the attributes of a successful behavioural support team in acute care settings;</li> <li>• discuss successes, failures and opportunities for improvement in launching a behavioural support team within an acute care setting; and</li> <li>• explore opportunities for scaling up of a behavioural support team in acute care from local to regional, provincial and national scale.</li> </ul> <p><b>31. Exercise Intervention for Late-Life Depression: A Systematic Review and Meta-Analysis of Randomized Controlled Trials</b> Sivan Klil-Drori</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>• recite the contribution of exercise training in building resilience through the impact of exercise on the brain, mental health and general health;</li> <li>• discuss published trials exploring exercise interventions for late-life depression; and</li> <li>• identify the strengths and limitations of exercise studies and discuss the evidence for exercise in improving late-life depressive symptoms.</li> </ul>	Wildrose B
	<p><b>32. Problem Solving Therapy Workshop</b> Dallas Seitz, Patricia Arean</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>• understand the theoretical basis and evidence for Problem Solving Therapy (PST) with older adults with depression;</li> </ul>	Wildrose C



Plenary



Symposium



Clinical Case





Workshop



Oral Abstract  
Presentation



Social Events

	<ul style="list-style-type: none"> <li>learn, practice and apply the techniques used in PST along with strategies used in PST to overcome common challenges encountered in psychotherapy with older adults; and</li> <li>review different strategies to implement PST in clinical programs and adaptations of PST.</li> </ul>	
11:45 a.m. - 12:45 p.m.	Concurrent Session Block 6	
	<b>33. A Review of 2018/2019 Top Papers in Geriatric Psychiatry</b> Chair: Dallas Seitz Speakers: Andrea Iaboni, Zahinoor Ismail, Damien Gallagher, Dallas Seitz  At the end of this session, participants will be able to: <ul style="list-style-type: none"> <li>identify some “top papers” related to geriatric psychiatry from scientific journals from 2018 and 2019;</li> <li>consider the relevance of these “top papers” to clinical practice; and</li> <li>strengthen appraisal skills by critiquing the literature.</li> </ul>	Wildrose C
	<b>34. Creating Safer and More Welcoming Continuing Care Services for Sexual and Gender Diverse People (LGBTQ2S+)</b> Chair: Sophie Sapergia  <b>35. Awareness Resources to Support Healthcare Providers to Create Safer and More Welcoming Continuing Care for Sexual and Gender Diverse (LGBTQ2S+) Clients</b> Sophie Sapergia  <b>36. Supporting Safe, Healthy and Dignified Expressions of Sexuality in Continuing Care: The State of the Science and the Alberta Experience</b> Julia Brassoletto, Lisa Howard  <b>37. Creating a Continuing Care Environment Where Sexual and Gender Diverse Clients Feel Safer and More Welcome to Live Authentically</b> Lesley Myles  At the end of this session, participants will be able to: <ul style="list-style-type: none"> <li>summarize current state of LGBTQ2S+ continuing care clients’ needs and develop supportive resources;</li> <li>discuss current research being conducted in Alberta; and</li> </ul>	Wildrose B



Plenary



Symposium



Clinical Case





Workshop



Oral Abstract  
Presentation



Social Events

	<ul style="list-style-type: none"> <li>integrate concepts learned from CareWest quality improvement initiative to create safer and more welcoming care environments for sexual and gender diverse clients.</li> </ul>	
	<b>38. Capacity Assessment in Older People: Interactive Case Workshop</b> Karen Reimers  At the end of this session, participants will be able to: <ul style="list-style-type: none"> <li>identify common clinical scenarios that may require assessment of mental capacity in older adults;</li> <li>use practical clinical tools for assessment of mental capacity in older adults; and</li> <li>identify common clinical and ethical dilemmas surrounding the assessment of mental capacity in the older adults.</li> </ul>	Wildrose A
  <i>In this session we will hear three 20-minute oral presentations</i>	<b>39. Integrating Applied Behaviour Analysis into a Collaborative Practice Model for the Treatment of Responsive Behaviours in LTC Residents Living with Dementia</b> Nick Feltz, Adele Loncar, Timah Black-Geisterfer  At the end of this session, participants will be able to: <ul style="list-style-type: none"> <li>describe the specialization of ABA and Behaviour Therapy;</li> <li>assess behavioural gerontology in dementia care through a case study; and</li> <li>integrate BTs into a collaborative model of geriatric psychiatry and nursing, and its future development in dementia care.</li> </ul> <b>40. A Structured Teleconsultation and Coaching Project as a Way to Improve Care for Behavioural and Psychological Symptoms of Dementia (BPSD) in Quebec</b> Marie-Andrée Bruneau  At the end of this session, participants will be able to: <ul style="list-style-type: none"> <li>describe a teleconsultation model for BPSD care;</li> <li>discuss levers and barriers to implementation of teleconsultations services for BPSD; and</li> <li>develop teleconsultation services for BPSD in their provinces.</li> </ul> <b>41. Aging with Resilience – Surviving, Responding and Adapting</b> Mary Hynes	Hawthorn A



Plenary



Symposium



Clinical Case



Workshop



Oral Abstract  
Presentation



Social Events

	<p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>• explore conditions that facilitate older adult resilience through SMART (specific, measurable, attainable, realistic, time-based) goal-setting engagement;</li> <li>• realize that non-clinicians can consult with older adults in programs toward SMART goal setting and activation; and</li> <li>• employ older adult engagement to self-create SMART goals for health improvement/well-being.</li> </ul>	
12:50 p.m. - 1:25 p.m.	<p><b>Awards Overview and Poster Award Presentation</b> Bonnie Wiese, Awards Chair</p> <p><b>2018 CAGP Geriatric Psychiatry Sub-Specialty Resident Award Winner Presentations</b> <i>(Formerly known as the CAGP Psychiatry Training Award)</i></p> <p>The 2018 award recipients include Elyse Ross, Catherine Cheng, Jeanne Sansfacon and Michael Tau.</p> <p><i>Please note: Elyse Ross and Catherine Cheng will present their findings in 2020.</i></p>	Wildrose C
1:25 p.m. - 1:30 p.m.	<p><b>Closing Remarks</b> Petal Abdool and Andrea Iaboni, ASM Co-Chairs</p>	Wildrose C
1:30 p.m.	Grab and Go Lunch	Wildrose Prefunction
1:45 p.m. - 5:00 p.m.	<p><b>CAGP Sulphur Mountain Fundraiser</b></p> <p>Enjoy the beauty of the Rockies and support the CAGP by challenging your colleagues, friends and family to join you on this 5 km trek up Sulphur Mountain. Participants who choose not to hike to the top are invited to take the gondola to the summit and enjoy a 2 km walk to the Sanson's Peak boardwalk. This Sulphur Mountain Fundraiser registration also includes a gondola ride back down the mountain. Fresh air, exercise and breathtaking views...what could be better?</p> <p><i>All of our fundraising initiatives will support the CAGP. Funds can be directed to support the CCSMH, CAGP resident and trainee awards and initiatives, education or advocacy efforts.</i></p>	<p>Departure Time: 1:45 p.m. Starting Point: Rimrock Resort Hotel Event Cost: \$50</p>



Plenary



Symposium



Clinical Case



Workshop



Oral Abstract  
Presentation



Social Events



## Poster List

Poster #	Poster
42	<b>Psychiatric, Motor and Autonomic Effects of ECT in Depressed Parkinson's Disease Patients</b> Nicholas J. Ainsworth, Isaac Rodin, Je Hun Sung, Fidel Vila-Rodriguez
43	<b>Ageism Perceptions and Transitions</b> Shabbir Amanullah, Karen Cassells, Sean Welbourn, Amy Swayze, Mark Dager, Michelle Worsfold
44	<b>ADHD and Autism in the Elderly: The Missing Link</b> Shabbir Amanullah
45	<b>The Violent Man and Other Fascinating Cases</b> Shabbir Amanullah
46	<b>Of Yogis, Shamans and the Role of Hope</b> Shabbir Amanullah, Popuri Krishna, K. Sivakumar
47	<b>Inappropriate Sexual Behaviour in Dementia – UK Perspective</b> Pradeep Arya, Rahul Tomar
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49	<b>Educational Opportunities of Interest to Psychiatry Residents Considering Subspecialization in Geriatric Psychiatry</b> Amanda Canfield, Karen Saperson
50	<b>The Challenge of Sleep Disorders in Persons with Dementia: A Review of Current and Proposed Treatments</b> Antonia Cappella, Glen Baker, Lawrence Pawluk
51	<b>Emerging Suicide Trends in a Tribal Population in South India</b> Susmita Chandramouleeshwaran, Mahantu Yalsangi, Bhawna Sharma
52	<b>Effectiveness of a Dyadic Chair Yoga Intervention for Reducing Stress in Dementia Patients and Their Caregivers</b> Elena Dikaos, Vasavan Nair, Marouane Nassim, Marie-Andrée Bruneau, Soham Rej
53	<b>The Effectiveness and Safety of Electroconvulsive Therapy for Treatment Refractory Agitation or Aggression in Major Neurocognitive Disorder</b> Claire Docherty, Peter Chan, Robyn E. Waxman, Sarah Elmi, Mafalda Musacchio, Michael Wilkins-Ho, Simon Woo
54	<b>Special Considerations for the Use of Lithium in Older Age Bipolar Disorder</b> Jocelyn Fotso Soh
55	<b>Closing the Knowledge-to-Action Gap in Health Promotion: A Feasibility Study of Fountain of Health Behaviour Activation Tools in Routine Care to Promote Patient Self-Rated Wellbeing and Health Behaviours</b> Amy Gough, Kathleen Singh, Beverley Cassidy, Kara Matheson, Keri-Leigh Cassidy
56	<b>The Perception of Patients with Dementia about a Social Robot PARO in a Hospital Setting</b> Lillian Hung, Cindy Liu, Evan Woldum, Andy Au-Yeung, Annette Berndt, Christine Wallsworth, Neil Horne, Mario Gregorio, Jim Mann



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57	<b>Behaviour Assessment Tools Currently Used in Long-Term Care in Canada: A Survey</b> Andrea Iaboni, Marion Penko, Hannah Quirt
58	<b>Healthcare Costs, Healthcare Utilization and Medical Burden Among Older Adults with Schizophrenia</b> Waqas Khan, Mulsant BH, Kumar S., Voineskos AN, Rajji TK
59	<b>Future Directions in Service Delivery</b> Popuri Krishna, Shabbir Amanullah, Monica Bretzlaff
60	<b>A Review of the Geriatric Psychiatry Behaviour Support Outreach Team Collaborative Practice</b> Adele Loncar
61	<b>Outcomes of a Novel Educational Intervention: Teaching Junior Psychiatry Residents Capacity Assessment with Simulated Patients</b> Ian Mackay
62	<b>Autoimmune Encephalitis in Older Adults: A Review of Clinical Features, Treatment, Outcomes and Future Directions</b> Joseph Emerson Marinas, Dmitriy Matveychuk, Serdar M. Dursun, Glen B. Baker
63	<b>The Association Between Quality Indicators and Inspection Performance in Long-Term Care in Ontario: A Machine Learning Study</b> Pouria Mashouri, Babak Taati, Andrea Iaboni
64	<b>Delirium in Geriatric Population</b> Jordan McNeil
65	<b>Prevalence of Apathy in Parkinson's Disease: An Updated Systematic Review and Meta-Analysis</b> Bria Mele, Daria Merrikh, Zahra Goodarzi
66	<b>Evaluation of Anticonvulsants Use in Management of Alcohol Withdrawal Syndrome and Long-term Medication Management of Alcohol Use Disorder in Older Adults</b> Stefanie Montgomery, Gillian Wang, Karen Dahri, Peter Chan
67	<b>Design and Evaluation of an Ecological Momentary Assessment Tool for Assessing Depression in Dementia</b> Iulia Niculescu
68	<b>Screening for Depression in People with Cognitive Impairment Receiving Home Care: A Systematic Review</b> Iulia Niculescu, Twinkle Arora, Andrea Iaboni
69	<b>The Impact of Music Therapy: Quality of Life Measures and BPSD in Long-term Care</b> Donovan Nolan, Alexandra Moir, Paige Morrissey, Amy Gough, Keri-Leigh Cassidy
70	<b>Simple Schizophrenia in 65-Year-Old Neglected Women</b> Santosh Kumar Pandit
71	<b>Pilot Randomized Control Trial Examining Tai-Chi/Qigong in Older Adults with Bipolar Disorder</b> Haley Park, Soham Rej, Suzanne Renaud, Zoe Thomas, Lisa Eyler, Serge Beaulieu
72	<b>Pragmatic Education RCT: Early Clinical Exposure to Geriatric Psychiatry and Medical Students' Interest in Caring for Older Adults</b> Klara Pokrzywko, Susana Gabriela Torres-Platas, Petal Abdool, Marouane Nassim, Trent Semeniuk, Tricia Woo, Marie-Andrée Bruneau, Tarek Rajji, Soham Rej



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73	<b>Structural Covariance Networks Among Normal, High Risk, and Cognitively Impaired Older Individuals</b> Neda Rashidi-Ranjbar, Sanjeev Kumar, Benoit H. Mulsant, Nathan Herrmann, Linda Mah, Alastair Flint, Corrine Fischer, Bruce Pollock, Tarek Rajji, Aristotle Voineskos, on behalf of the PACt-MD Study Group
74	<b>Clinical Profile of Older Alternate Level of Care (ALC) Adults with Mental Illness Discharged to a Reintegration Unit (RIU) from Acute Care</b> Aviva Rostas, Debra Walko, Melonie Hopkins, Nicole Downes, Lindor Uygur, Scott McKay
75	<b>Explorer les besoins des proches aidants dans la prise en charge des patients ayant des symptômes comportementaux et psychologiques de la démence (SCPD) en centre d'hébergement et de soins de longue durée (CHSLD)</b> Jessika Roy Desruisseaux, Sarah Pham, Myriam Bélanger-Dibblee, Hubert Tremblay
76	<b>Detection of Anxiety in Older Adults: A Systematic Review and Meta-Analysis</b> Leyla Samii, Michael Walsh, Jayna Holroyd-Leduc, Zahra Goodarzi
77	<b>A Systematic Review of Features of Post-Traumatic Stress Disorder in Elderly Canadians</b> Shiva Shivakumar, Shabbir Amanullah, Kevin Saroka, Pradeep Arya
78	<b>Impact of Culture of Resident-centered Care and Meal Satisfaction in Long-term Care</b> Safura Syed
79	<b>Mental Health and Cognition in Older Cannabis Users: A Review</b> Blanca Elena Vacaflor, Olivier Beauchet, G. Eric Jarvis, Alessandra Schavietto, Soham Rej
80	<b>What Are the Factors Associated with Self-Reported Health in Community-Dwelling Older Adults?: A Scoping Review</b> Carly Whitmore, Maureen Markle-Reid, Carrie McAiney, Kathryn Fisher, Jenny Ploeg
81	<b>Designing a Qualitative Study on the Transition from Specialized Psychogeriatric Dementia Units to Long-Term Care</b> Song Yang Yu, Andrea Iaboni
82	<b>Association of Intensive Hypertension Control with Mild Cognitive Impairment and Dementia in Older Adults with Depression</b> Anthony Yeung, Damien Gallagher



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