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CANADIAN ACADEMY OF
GERIATRIC PSYCHIATRY

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ACADÉMIE CANADIENNE
DE GÉRONTOPSYCHIATRIE



Canadian Coalition
for Seniors' Mental Health

Coalition Canadienne pour
la Santé Mentale des
Personnes Âgées

CAGP-CCSMH ANNUAL SCIENTIFIC MEETING

OCTOBER 29-30 2021
VIRTUAL





ABOUT

The 2021 CAGP-CCSMH Annual Scientific Meeting will focus on the theme “**Geriatric Psychiatry in Challenging Times: Embracing Opportunities for Advocacy, Inclusion and Innovation.**”

Accreditation

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada, and approved by the Canadian Geriatric Society.

This Group Learning program has been certified by the College of Family Physicians of Canada and Quebec Chapter for up to 9.00 Mainpro+ credits.

ASM Learning Objectives


At the end of this conference, participants will be able to:

- describe and integrate promising practices in mental health care for older adult populations;
- identify basic and applied research on the contributors to wellbeing and mental illness in older adult populations; and
- apply interdisciplinary strategies that promote the mental health of older adult populations.



Please Note

- All times listed in the program are in Eastern Time.
- A minimum of 25% of each session will be dedicated to participant interaction.

Thursday, October 28, 2021

6:00 p.m. ET – Screening 7:00 p.m. ET – Q&A	Social Event: CAGP-CCSMH’s “A Night at the Movies” Grab your popcorn and a favourite drink! Join us as we gather virtually to enjoy a special screening of the documentary “Love: The Last Chapter” - a documentary case study on senior’s living and the importance of connection and intimacy at all ages. Following the screening, the writer/director will be available for questions and discussion. Further details can be found here .	
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Friday, October 29, 2021

10:55 a.m. ET	Delegates - Virtual Check-In	
11:00 a.m. – 11:10 a.m.	Welcome and Opening Remarks Dallas Seitz and Lisa Van Bussel, CAGP-CCSMH 2021 ASM Co-Chairs Jane Rylett, CIHR-IA	
11:10 a.m. – 11:40 a.m. Keynote Address	The Aging Brain: Improving Mental Health Care for Canada’s Elders André Picard	
11:40 a.m. – 12:40 p.m.	Panel Discussion – Charting a Path Forward for Long-term Care Marie-Andrée Bruneau, Penny MacCourt, Pat Armstrong, André Picard	
12:40 p.m. – 12:50 p.m.	Break - Music by Dr. John Klukach	



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Concurrent Sessions: Block 1			
12:50 p.m. – 1:50 p.m.	LINE 1	1. Challenges to Maintaining Wellness in Challenging Times: How to Cope Ken Schwartz, Robert Madan	
	LINE 2	2. Implementing a Care Pathway for Detecting and Treating MCI, Depression and Anxiety in Primary Care Chair: Nick Kates Presenters: Tarek Rajji	
	LINE 3	Oral Presentations: Behavioural Supports 3. Facilitating Person-centred Transitions Across Sectors Using 'My Transitional Care Plan During the COVID-19 Pandemic' Katelynn Aelick, Teresa Judd 4. The Role of the Psychiatric Clinical Nurse Specialist in Improving Delirium/Dementia Management and Building Mental Health Nursing Competencies in Acute Care Settings: A One-Year Pilot Linda Liu 5. Behavioural Supports in Acute Care: Collective Voices Leading to Key Recommendations Debbie Hewitt-Colborne, Natasha Fortin, Jennifer Koop	 <i>In this session we will hear three 20-minute oral abstract presentations</i>
1:55 p.m. – 2:20 p.m.	LINE 1	Round Table Networking For this session, registered delegates will be able to choose a virtual round table to allow for small group networking. Each round table will be moderated. Participation is encouraged in this valuable networking opportunity. <ul style="list-style-type: none"> Standards for Mental Health in Long-term Care Moderator: Claire Checkland 	



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LINE 2	<ul style="list-style-type: none"> • Behavioural and Psychological Symptoms of Dementia Moderator: Dallas Seitz • Equity, Diversity and Inclusion in Geriatric Mental Health Moderator: Petal Abdool • Cannabis Moderator: David Conn 	
LINE 3		
LINE 4		
2:20 p.m. – 2:30 p.m.	Break - Music by Dr. John Klukach	
Concurrent Sessions: Block 2		
2:30 p.m. – 3:30 p.m.	LINE 1	6. A Comparison of Frameworks for Behavioural Intervention in Neuropsychiatric Symptoms of Dementia: Using the Tools in the Toolbox Robert Madan, Ken Schwartz 
	LINE 2	7. A New Model for Assertive Community Treatment (ACT): Geriatric ACT Team Chair: Sarah Colman Presenters: Claire Stanley, Michael Tau 
	LINE 3	Oral Presentations: Long-term Care 8. Development and Dissemination of the Position Statement for Mental Health Care in Long-term Care During COVID-19 Dallas Seitz 9. Supporting Moral Resilience in LTC Staff During the Pandemic: The Dementia Isolation Toolkit Andrea Iaboni 10. POST-COVID Increase in Neuropsychiatric Symptoms in LTC Residents with Dementia Vanessa Thoo, Leslie Giddens-Zuker  <i>In this session we will hear three 20-minute oral abstract presentations</i>
3:30 p.m. – 3:40 p.m.	Break - Music by Dr. John Klukach	



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Concurrent Sessions: Block 3			
3:40 p.m. – 4:40 p.m.	LINE 1	11. The Asynchronous Virtual Consult: Four Perspectives Sophiya Benjamin, Joanne Ho, Julie Carthew, Lindsay Cox	
	LINE 2	12. Biometrics to Enhance Care of Agitation in Major Neurocognitive Disorders: Are we There Yet? Chair: Amer Burhan Presenters: Elena Guseva, Machelles Wilchesky, Andrea Iaboni, Aurelia Soltan	
	LINE 3	Oral Presentations: Psychotherapy/Training 13. Age-Based Outcomes of Enhanced Cognitive Behavioral Therapy for Seniors Anna Skosireva, Linda Gobessi 14. Online Psychotherapy for Older Adults: Developing and Implementing an Internet Problem Solving Therapy (PST) Program for Depression Julia Kirkham 15. Piloting an Innovative Knowledge Translation and Exchange Approach on Educational Resources for Caregivers of People Living with Dementia Nathan Christie	 <i>In this session we will hear three 20-minute oral abstract presentations</i>
4:45 p.m.	CAGP Annual General Meeting (members only)		
6:00 p.m. – 7:00 p.m.	Trainee Social – Escape Room Details coming soon!		<i>Trainee Session</i>



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Saturday, October 30, 2021

10:55 a.m. – 11:00 a.m.		Delegates - Virtual Check-In	
11:00 – 11:05 a.m.		Welcome – Day 2 Dallas Seitz, Lisa Van Bussel	
11:05 a.m. – 11:50 a.m.		Plenary Session – Indigenous Health and Dementia Jennifer Walker	
11:50 a.m. – 12:00 p.m.		Break - Music by Dr. John Klukach	
Concurrent Block #4			
12:05 p.m. – 1:05 p.m.	LINE 1	16. Sorting Through the Clutter: Advances in the Categorization and Treatment of Hoarding Disorder Amanda Canfield, Karen Rowa	
	LINE 2	17. From Boot Camp to Memory Cafes: Virtual Strategies to Support Brain Health and Well-being in Rural Communities Chair: Beverley Cassidy Presenters: Gail Eskes, Ryan Wilson, Steven Wilton	
	LINE 3	Oral Presentations: Capacity Enhancement 18. Choosing Wisely: Updating Recommendations for Older Adults Julia Kirkham 19. Development of e-learning Modules Focused on Cannabis Use Among Older Adults David Conn 20. Closing the Knowledge-to-Practice Gap Among Clinicians and Patients to Use Behaviour Activation Tools Keri-Leigh Cassidy, Kiran Rabheru, David Conn	 <i>In this session we will hear three 20-minute oral abstract presentations</i>



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	LINE 4	Exploring Diverse Career Paths and Practice Settings in Geriatric Psychiatry Christopher Kitamura, Sarah Colman, Michael Tseng	Trainee Session
1:05 p.m. – 1:15 p.m.		Break - Music by Dr. John Klukach	
Concurrent Block #5			
1:15 p.m. – 2:15 p.m.	LINE 1	21. Pharmacological Management of Late-Life Psychosis: Balancing Benefits and Risks Associated with Treatments to Optimize Outcomes Chair: Dallas Seitz Presenters: Petal Abdool, Soham Rej	
	LINE 2	Oral Presentations: Telehealth 22. Virtual Care: Improving Access and Equity in LTC and Retirement Homes During COVID-19 Sara Clemens, Audrey Devitt 23. Improving the Quality of Telemental Health Services in Long-term Care Facilities Song Yang Yu 24. Meaningful Connections in the Time of COVID: How the Guide to Virtual Creative Engagement for Older Adults (VCE Guide) Battles Geriatric Isolation Simonne Cumberbatch	 <i>In this session we will hear three 20-minute oral abstract presentations</i>
	LINE 3	Oral Presentations: Engaging Patients 25. The Dementia Journey Survey: A Community Engagement Approach for Inclusivity in Dementia Care Research Ngozi Faith Iroanyah 26. Engaging People with Lived Experience in Peer Review: Expanding the Role of Citizen Reviewers	 <i>In this session we will hear three 20-minute oral abstract presentations</i>



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		Kaitlyn Jagers, Sara Cerovic	
		27. La maltraitance envers les aînés au Québec Isabelle Martin-Zement, Marie-Isabelle Nadeau-Lessard <i>Please note: This presentation will be delivered in French</i>	
2:15 p.m. – 2:25 p.m.		Break - Music by Dr. John Klukach	
2:25 p.m. – 3:05 p.m.	LINE 1 LINE 2 LINE 3	Minute Madness Poster Session Poster presenters have been organized by topic. These poster sessions run concurrently. Each poster presenter will have 2 minutes to summarize their research, followed by moderated Q&A. Innovations in Service Delivery Education and Capacity Enhancement Research <i>To see the full list of Minute Madness Poster presenters press ctrl+click on the desired group link above. Alternatively, scroll down to the end of the program.</i>	
3:05 p.m. – 3:15 p.m.		Break - Music by Dr. John Klukach	
Concurrent Block #6			
3:15p.m. – 4:15 p.m.	LINE 1	28. Sex Talk: Love and Belonging in Long-term Care Kelly Davies, Kim Schryburt-Brown	
	LINE 2	29. Resources for the Co-design and Delivery of Integrated, Person Centered Care for Older Adults Living with Complex Health Needs Chair: Sophiya Benjamin Presenters: Adam Morrison, Kelly Kay, Kevin Young	



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		Oral Presentations: Mechanisms of Mental Illness 30. Neuropathology of Late Life Depression: Clinical Predictors of Amyloid and Tau Neuropathology in Non-demented Older Adults with Depression Doyoung Kim 31. Quantitative Assessment of Cortical Excitability in Alzheimer’s Dementia and its Association with Clinical Symptoms: A Systematic Review and Meta-analyses Sanjeev Kumar 32. Major Depressive Disorder is Not Associated to Cardiovascular Causes of Death in Autopsy Register in a Community Sample of 1,143 Older Adults Atmis Haidar	 <i>In this session we will hear three 20-minute oral abstract presentations</i>
4:15 p.m. – 4:20 p.m.		Transition Break – Please join Line 1 for Poster Awards and Closing Remarks	
4:20 p.m. – 4:25 p.m. LINE 1		Poster Awards & Closing Remarks Dallas Seitz, Lisa Van Bussel	



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Posters

This year the CAGP-CCSMH poster presentations will have two elements. All posters will be accessible to registered delegates in the ASM portal and will include an electronic poster and a video description. The 2nd element is the Minute Madness Poster session on October 30 from 2:25 p.m. – 3:05 p.m. which include those who opted to present their posters virtually. The virtual poster rounds have been divided into 3 groups (Innovations in Service Delivery, Education and Capacity Enhancement, and Research). Registered delegates will be able to choose which poster room they would like to join for the virtual presentations. For a complete list of posters, see below.

Thank you to the Canadian Institutes of Health Research – Institute of Aging for supporting the trainee posters.

Live Poster Presentations	
Innovations in Service Delivery	
33	Withdrawn
34	The Journey Toward Building an Integrated Geriatric Mental Health Service Analee King – Presenting Live Annalee King, Dr. Geoff Daniel, Nancy Hooper, Sandra Easson-Bruno, Tamara Nowak Lennard
36	Applying the Principles and Values of the Guidelines for Comprehensive Mental Health Services for Older Adults in Canada to Practice and Policy Laura Mullaly – Presenting Live Alexa Bol, Laura Mullaly, Caroline Ostrom
37	Withdrawn
38	“It was like living in a prison” Loneliness in Independent-Living During COVID-19 Dan Huynh – Presenting Live Dan Huynh, Alice Kong, Dr. Lilian Thorpe
39	Withdrawn
Education and Capacity Enhancement	
40	Asynchronous E-Learning as Part of a Blended Teaching Strategy to Enhance Psychiatry Resident Knowledge of ECT: Design, Development, Implementation and Evaluation Sarah Payne – Presenting Live



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	Sarah Payne, Karen Saperson, Michael Brown, Anthony Levinson
41	Design, Development, and Implementation of a Series of Asynchronous Online Courses to Complement Competency-Based Postgraduate Training of Geriatric Psychiatry Sub-Specialty Residents Anthony Levinson – Presenting Live Anthony Levinson, Sarah Payne, Ana Hategan, Mandy Eslinger, Kathleen Singh, Catherine Hickey, Terry Chisholm
42	Establishing a National ECHO Care of the Elderly: Mental Health Program Lisa Sokoloff – Presenting Live Lisa Sokoloff, Claire Checkland, Jasmeen Guraya, David Conn, Kiran Rabheru, Dallas Seitz, Sid Feldman, Vivian Ewa, Andrea Hunter
43	The Knowledge Gap: Cannabis and Older Adults Needs Assessment David Conn – Presenting Live David Conn, Dr. Kiran Rabheru, Claire Checkland
44	New Assistive Technologies in Dementia and Mild Cognitive Impairment Care Stephen Lee-Cheong – Presenting Live Stephen Lee-Cheong, Shabbir Amanullah
45	Withdrawn
46	Withdrawn
Research	
47	Withdrawn
48	Promoting Seniors Mental Health: A Vision for Suicide Risk Assessment and Management Ann Jarvie – Presenting Live Ann Jarvie, Amy Van Berkum, Shauna Graf
49	Withdrawn
50	Systematic Review of Dementia Screening in the Arab World Reham Mansour – Presenting Live Reham Mansour, Dr Shabbir Amanallah
51	Cognitive Remediation Therapy for Participants with Late-Life Schizophrenia Angela C. Golas – Presenting Live



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	Angela C. Golas, Bishoy M. Elgallab, Petal S. Abdool, Christopher R. Bowie, Tarek K. Rajji
52	Withdrawn
53	"I Just Can't Take It Anymore": Using Suicide Notes to Understand Suicidality in Older Adults Ari Cuperfain – Presenting Live Ari Cuperfain, Zainab Furqan, Mark Sinyor, Kenneth Shulman, Juveria Zaheer

Posters – Available in ASM portal only

35	Connecting, Educating and Supporting Long-term Care BSO Champions: A Community of Practice in Champlain Martina Greco, Sabrina Veri
54	Differential Placebo Responses for Pharmacotherapy and Neurostimulation in Late-Life Depression★ Rafae Wathra, Benoit Mulsant, Charles Reynolds III, Eric Lenze, Jordan Karp, Zafiris Daskalakis, Daniel Blumberger
55	Withdrawn
56	The Fountain of Health for Optimal Aging: Results from a "5-Minute CBT" Online Course with Clinicians in Nova Scotia Amy Gough, Dr. Keri-Leigh Cassidy, Dr. Michael Vallis, Ms. Jean Robinson-Dexter
57	Suicidal Ideation Amongst Elderly Population Ashitija Jasrai, Shabbir Amanullah
58	Tunnel Vision: A Novel Investigation of the Effect of Depression on Field of View Lisa Bolshin, Nasreen Khatri, Jennifer Ryan
59	Lewy Body Dementia Identified with [18-F]FDG-PET and Treated with Electroconvulsive Therapy: A Case Report★ Monica Parmar, Katie Dinelle, Jean-Paul Soucy, Lauri Touminen, Tim Lau
60	Photobiomodulation for Neurocognitive Symptoms – A Systematic Review★ Myriam Vigny-Pau, Janine Liburd, Neda Rashidi-Ranjbar, Nathan Churchill, David Munoz, Tom Schweizer, Lew Lim, Corinne E. Fischer
61	Uptake of Low Risk Drinking Guidelines for Older Adults in an Addictions Service: a Quality Improvement Study★ Gina Eom, Christopher Fairgrieve, David Conn

★ - CAGP Psychiatry Resident Award Winner



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This program has received an educational grant or in-kind support from the following:

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