



# **20/20: Clear Vision of the Future of Seniors' Mental Health in Canada**

Virtual Annual Scientific Meeting Program  
October 16-17, 2020

*Please note:*

*All times listed in the program are in Eastern Daylight Time.*

*For sessions that run concurrently, please choose the session you would like to join virtually. Registered delegates can “walk” virtually throughout the concurrent sessions. Registered delegates will have access to all session recordings 7-10 business days following the ASM.*


## ACCREDITATION

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada, and approved by the Canadian Geriatric Society.

This **Group Learning** program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 6.50 Mainpro+ credits.

## ASM Learning Objectives

- Describe the impact of advances in seniors’ mental health care over the years on current practices.
- Apply evidence-based inter-disciplinary approaches, including integrated approaches in primary care, to improve practice in seniors’ mental health.
- Reflect on opportunities to implement innovations in mental health care for older adults to extrapolate into future practice.

Friday, October 16, 2020		
10:55 a.m. EDT	<b>Delegates - Virtual Check-In</b>	
11:00 a.m. – 11:10 a.m. <b>LINE 1</b>	<b>Welcome and Opening Remarks</b> Drs. Andrea Iaboni and Soham Rej, Claire Checkland	
11:10 a.m. – 11:50 a.m. <b>LINE 1</b>	<b>Late-Life Depression - Mechanisms and Interventions</b> George Alexopoulos  At the end of the session, the participant will be able to: <ul style="list-style-type: none"><li>• recognize working hypotheses on the pathophysiology of late-life depression;</li></ul>	



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	<ul style="list-style-type: none"> <li>• recognize neurobiological models of late-life depression that have provided behavioral targets for therapeutic interventions; and</li> <li>• recognize principles for developing streamlined behavioral interventions.</li> </ul>	
11:50 a.m. – 12:00 p.m. <b>LINE 1</b>	<b>Yoga Wellness Session</b> Tabitha Carloni, Certified Yoga Instructor <i>Have a yoga mat or towel, a refreshing beverage and a quiet space ready for this invigorating yoga session with Tabitha! All levels welcome.</i>	
12:00 p.m. – 12:40 p.m. <b>LINE 1</b>	<b>The Last and the Next 20 Years in Geriatric Psychiatry</b> * This presentation will be delivered in both English and French  Marie-France Tourigny-Rivard & Marie-Hélène Rivard  At the end of the session, the participant will be able to: <ul style="list-style-type: none"> <li>• list important professional activities that have contributed to the development of geriatric psychiatry in Canada over the last 20 years;</li> <li>• reflect on current mental health needs of older adults in Canada and challenges associated with meeting those needs; and</li> <li>• consider how individually and collectively we can meet those challenges in the next 20 years through clinical, academic and other professional activities.</li> </ul>	
12:40 p.m. – 12:45 p.m. <b>LINE 1</b>	<b>Music Break</b> Dr. John Klukach	
<b>Concurrent Sessions: Block 1</b>		
12:45 p.m. – 1:15 p.m.	<b>1. Bridging Knowledge Gaps in the Detection and Treatment of Neuropsychiatric Symptoms in Dementia: A Review of Current Evidence</b> Chair: Zahra Goodarzi Presenters: Zahra Goodarzi, Jennifer Watt	



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		<p>At the end of the session, the participant will be able to:</p> <ul style="list-style-type: none"><li>• assess which diagnostic tools are most accurate for detecting symptoms of anxiety, depression, agitation, and aggression in persons with dementia;</li><li>• describe the comparative: (a) efficacy of pharmacologic and nonpharmacologic interventions for reducing symptoms of agitation, aggression, and depression in persons with dementia (b) safety (i.e. risk of fracture, falls, stroke, and death); and</li><li>• facilitate evidence-based shared decision-making with patients and caregivers using a tool (i.e. rank-heat plot) that ranks the comparative efficacy of pharmacologic and nonpharmacologic interventions across multiple treatment choices and outcomes.</li></ul>	
LINE 2	<p><b>2. Update of the Canadian Coalition for Seniors' Mental Health Guidelines on the Assessment and Treatment of Depression</b></p> <p>David Conn, Robert Madan, Cindy Grief, Daniel Blumberger, Kiran Rabheru</p> <p>At the end of the session, the participant will be able to:</p> <ul style="list-style-type: none"><li>• describe the new recommendations;</li><li>• recognize revisions to the original recommendations; and</li><li>• have an opportunity to debate the clinical applicability of the recommendations.</li></ul>		
LINE 3	<p><b>Geriatric Mental Health-themed Orals:</b></p> <p><b>3. Are We Over Relying on Subjective Complaints When Assessing Cognition?</b></p> <p>Sivan Klil-Drori</p> <p>At the end of the session, the participant will be able to:</p> <ul style="list-style-type: none"><li>• recognize the current conventional practice for presentations of cognitive decline;</li><li>• evaluate situations of cognitive impairment without subjective complaints; and</li><li>• identify possible explanations for low cognitive scoring of patients with no subjective cognitive complaints.</li></ul>		



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		<p><b>4. A New Integrated Community Collaborative Care Model for Seniors with Depression or Anxiety Symptoms and any Chronic Physical Condition</b> Richard Shulman</p> <p>At the end of the session, the participant will be able to:</p> <ul style="list-style-type: none"><li>• assess collaborative care in seniors;</li><li>• assess use of ENGAGE psychotherapy; and</li><li>• assess the 12 Ds of geriatric medical psychiatry.</li></ul> <p><b>5. Standardizing Care for Neuropsychiatric Symptoms and Quality of Life in Dementia (StaN): Opportunities and Challenges of Implementing Algorithmic Care Pathway in Long-term Care Setting</b> Amer Burhan</p> <p>At the end of the session, the participant will be able to:</p> <ul style="list-style-type: none"><li>• express the prevalence and impact of AD-AA in LTC setting;</li><li>• express the feasibility of implementing an algorithmic approach to the assessment and management of AD-AA in LTC setting; and</li><li>• express the opportunities and challenges of conducting a complex design blinded intervention study in LTC setting.</li></ul>	
1:20 p.m. – 1:40 p.m.	<p><b>Series of Virtual Round Tables: Networking Session</b></p> <p>For this session, registered delegates will be able to choose a virtual round table to allow for small group networking. Each round table will be moderated. Participation is encouraged in this valuable networking opportunity!</p> <ul style="list-style-type: none"><li>• <b>Positive Psychiatry - WPA Section Meeting</b></li></ul>		
ZOOM MEETING #5			



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<p>ZOOM MEETING #6</p> <p>ZOOM MEETING #7</p> <p>ZOOM MEETING #8</p>	<p>Moderator: Kiran Rabheru</p> <ul style="list-style-type: none"> <li>• <b>Cannabis Use in Older Adults</b></li> </ul> <p>Moderator: David Conn</p> <ul style="list-style-type: none"> <li>• <b>Advocacy</b></li> </ul> <p>Moderator: Claire Checkland</p> <ul style="list-style-type: none"> <li>• <b>ECT</b></li> </ul> <p>Moderator: Daniel Blumberger</p>	
<p>1:45 p.m. – 2:15 p.m.</p> <p>LINE 1</p>	<p><b>Short Presentations: COVID Innovations and Pandemic Response</b></p> <p><b>6. Development and Dissemination of an Ethical Guidance and Person-centred Isolation Care Planning Tool to Support the Care of People with Dementia During the COVID-19 Pandemic</b> Andrea Iaboni</p> <p>At the end of the session, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• describe the ethical challenges associated with isolating long-term care residents with dementia;</li> <li>• apply a framework to guide decision making when determining how to approach a difficult clinical decision during a pandemic; and</li> <li>• apply a person-centered isolation care plan.</li> </ul> <p><b>7. Dementia Doesn't Stop and Neither Do We: Establishing a COVID-19 and Dementia Task Force</b> Saskia Sivanthanan</p> <p>At the end of the session, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• summarize the key areas being addressed by the Task Force;</li> <li>• describe any key outcomes from the Task Force; and</li> </ul>	



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		<ul style="list-style-type: none"> <li>• cite published data and information from the Task Force.</li> </ul> <p><b>8. Supporting the Mental Health Needs of Long-term Care Staff during the COVID-19 Pandemic</b> Aviva Rostas</p> <p>At the end of the session, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• discuss the psychological impact of working in a healthcare setting during a pandemic;</li> <li>• outline the steps in developing a model of virtual group support for long-term care home staff; and</li> <li>• identify barriers and facilitators to effective implementation of this model of group support.</li> </ul> <p><b>9. Project ECHO® Care of the Elderly: Response to COVID-19 Needs in Long-term Care</b> Lisa Sokoloff</p> <p>At the end of the session, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• describe Project ECHO Care of the Elderly;</li> <li>• describe the need for an ECHO focused on LTC; and</li> <li>• discuss relevance of Project ECHO COE especially during the COVID-19 pandemic.</li> </ul>	
<b>Concurrent Sessions: Block 2</b>			
2:20 p.m. – 2:50 p.m.	<b>LINE 1</b>	<p><b>10. Developing Novel Biomarkers for Neuropsychiatric Symptoms of Dementia using Neurophysiology, Actigraphy and Brain Imaging</b> Chair: Sanjeev Kumar</p> <p>Presenters: Corinne E. Fischer, Shaylyn Joseph, Sanjeev Kumar, Amer Burhan</p> <p>At the end of the session, the participant will be able to:</p>	



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		<ul style="list-style-type: none"> <li>• describe objective assessment of agitation in dementia using Actigraphy;</li> <li>• discuss the relationship between cortical excitability and neuropsychiatric symptoms in dementia; and</li> <li>• discuss the relationship between white matter texture abnormalities and delusions in dementia.</li> </ul>	
	LINE 2	<b>11. Canadian Guidelines for Substance Use Disorders among Older Adults: From Recommendations to Implementation!</b> David Conn, Kiran Rabheru, Claire Checkland  At the end of the session, the participant will be able to: <ul style="list-style-type: none"> <li>• review key recommendations and community-targeted messaging from the Canadian Coalition for Seniors' Mental Health Guidelines on alcohol, benzodiazepine, cannabis and opioid use disorders among older adults;</li> <li>• discuss the application of specific recommendations to older adults in various care settings; and</li> <li>• contribute ideas regarding the implementation of Guideline recommendations in their region or workplace.</li> </ul>	
	LINE 3	<b>Dementia-themed Orals</b>  <b>13. Web-based Dementia Care Partner Education Using the iGeriCare Platform: Using Educational Prescriptions in your Practice</b> Anthony Levinson At the end of the session, the participant will be able to: <ul style="list-style-type: none"> <li>• describe the features and evidence for web-based dementia care partner interventions;</li> </ul>	



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		<ul style="list-style-type: none"><li>• apply a ‘blended’ teaching approach to build on current patient and family education strategies, using educational prescriptions; and</li><li>• integrate the iGeriCare web-based resource into the care of patients with dementia.</li></ul> <p><b>14. Developing a Prototype for an Open-access e-module to Enhance Practice Specific to Sexual and Intimate Expressions in People with Dementia</b> Katelynn Viau Aelick</p> <p>At the end of the session, the participant will be able to:</p> <ul style="list-style-type: none"><li>• discuss the critical importance of sexual and intimate expressions of people with dementia in order to mitigate associated stigma;</li><li>• examine methods by which a multidisciplinary working group collaborated on the development of an e-learning module on a complex and taboo topic; and</li><li>• gain access to the e-module prototype to inform its continued development/revision.</li></ul>	
2:55 p.m. – 3:15 p.m. <b>ZOOM MEETING #5</b>	<p><b>Virtual Social Event: Mixologist</b> It’s 5 p.m. somewhere! No matter your time zone, let’s connect virtually and mix a drink together! We welcome mixologist Trevor Burnett to teach us how to mix the perfect drink. An alcoholic and non-alcoholic option will be available.</p> <p><i>Ingredient and tools list to come!</i></p>		
3:20 p.m. <b>ZOOM MEETING #5</b>	<p><b>CAGP Annual General Meeting (members only)</b></p>		
4:45 p.m. – 5:45 p.m. <b>ZOOM MEETING #5</b>	<p><b>Resident Social</b> Join mixologist, Trevor Burnett, for a 30 minute tutorial on how to make a South Side! You</p>		



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	will then have a chance to catch up and socialize with your colleagues. Stay tuned for a list of ingredients.	
<b>Saturday, October 17, 2020</b>		
On your own time!	<b>Virtual Fun Run/Walk or Yoga Fundraiser</b> Let's get active and explore our neighbourhoods together! We want all participants to unite across the country for our usual fundraiser, but this time you'll be exploring your own area. Please share photos of your run, walk or yoga session #CAGPCCSMH2020	
11:00 a.m. – 11:05 a.m. <b>LINE 1</b>	<b>Delegates - Virtual Check-In</b>	
11:05 a.m. – 11:10 a.m. <b>LINE 1</b>	<b>Welcome – Day 2</b> Drs. Andrea Iaboni and Soham Rej	
11:10 a.m. – 11:50 p.m. <b>Keynote Address</b> <b>LINE 1</b>	<b>Aging, Mental Health and Technology: A Rapidly Evolving Paradigm</b> Dr. Ipsit Vahia  At the end of the session, the participant will be able to: <ul style="list-style-type: none"> <li>• understand how digital phenotyping can be applied to geriatric psychiatry care;</li> <li>• identify applications for digital therapeutics in geriatric psychiatry; and</li> <li>• understand how passive sensing approaches can enhance dementia care.</li> </ul>	
11:50 a.m. – 12:00 p.m. <b>LINE 1</b>	<b>Yoga Wellness Session</b> Neeti Sasi, Registered Social Worker and Certified Yoga Instructor <i>For this wellness session you just need space and a refreshing beverage! Neeti will wake us up with some standing yoga stretches. All levels welcome!</i>	
<b>Concurrent Block #3</b>		



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12:05 p.m. – 12:35 p.m.	LINE 3	<b>15. Innovations in Geriatric Mental Health Delivery and Research in Mind Body Psychiatry and Recreation Therapy</b> Chair: Akshya Vasudev Presenters: Lisa Joworski, Marouane Nassim, Lisa VanBussel, Emily Ionson  At the end of the session, the participant will be able to: <ul style="list-style-type: none"> <li>describe how group-based Problem Solving Therapy can be implemented in a real world setting;</li> <li>identify potential therapies for reducing patient wait times for adjunctive non-pharmacological therapies; and</li> <li>demonstrate benefits of provision of recreation therapy in the management of late life depression in the community.</li> </ul>	
	LINE 1	<b>16. Building Capacity for Behavioral Support in Acute Care Settings: Enhancing Knowledge, Skills, and Attitudes Among Health Care Teams</b> Kiran Rabheru, Vera Hula, Jennifer Koop  At the end of the session, the participant will be able to: <ul style="list-style-type: none"> <li>demonstrate the need to support excellence in the care for persons with dementia and BPSD in acute care settings using 3 training modules;</li> <li>appreciate the unique challenges posed by the acute medical and / or surgical care environment required for each patient; and</li> <li>utilize a high priority approach for coaching, mentoring, and supporting dementia champions on each inpatient unit to reinforce and sustain the learning from the training modules.</li> </ul>	
	LINE 2	<b>COVID Case Series</b>  <b>17. Falling Through the Cracks during COVID-19</b>	



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	<p>Cindy Grief</p> <p>At the end of the session, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• describe the adverse outcome experienced by a person with dementia during COVID-19;</li> <li>• describe the role of a collaborative approach in optimizing clinical care in geriatric mental health; and</li> <li>• identify system issues through a case review.</li> </ul> <p><b>18. The Transformative Effect of Art on Mental Health</b> Cindy Grief</p> <p>At the end of the session, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• describe the role of art on the clinical trajectory of an individual hospitalized on a geriatric mental health unit during COVID-19;</li> <li>• discuss how to engage inpatients in meaningful activities; and</li> <li>• identify ways in which themes depicted in watercolour paintings can illustrate changes in mood.</li> </ul> <p><b>19. Supporting Safe Smoking Cessation for Long-term Care Residents in Isolation Due to COVID-19</b> Marilyn White-Campbell</p> <p>At the end of the session, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• assess nicotine dependence;</li> <li>• explore options for NRT for management of Nicotine withdrawal and ensure resident comfort; and</li> <li>• discuss the ethics of enforcing a no smoking policy during COVID-19.</li> </ul>	
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	<b>ZOOM MEETING</b>	<b>Careers in Geriatric Psychiatry</b> Join the Careers in Geriatric Psychiatry session lead by Dr. Dallas Seitz and Dr. Marla Davidson! Network with your colleagues, ask questions and discuss opportunities pertaining to Geriatric Psychiatry.	
12:35 p.m. – 12:45 p.m. <b>ALL</b>		<b>Music Break</b>	
<b>Concurrent Block #4</b>			
12:45 p.m. – 1:15 p.m.	<b>LINE 3</b>	<b>20. MAID in the Context of End of Life Decisions in the Elderly</b> Chair: Lilian Thorpe Presenters: Dominique Elie, Lilian Thorpe, Justine Dembo, Udo Schuklenk  At the end of the session, the participant will be able to: <ul style="list-style-type: none"> <li>• increase familiarity with general end-of-life care issues, preferences and planning in older adults with mental illness and/or cognitive impairment;</li> <li>• assess different types of challenging clinical and ethical situations related to assessment of patients requesting medical assistance in dying (MAID); and</li> <li>• assess the impact of vulnerabilities including mental disorders on decision-making related to MAID.</li> </ul>	
	<b>LINE 1</b>	<b>21. The Use of Sensors and Artificial Intelligence in the Management of Behavioural and Psychological Symptoms of Dementia</b> Andrea Iaboni, Dallas Seitz, Ipsit Vahia  At the end of the session, the participant will be able to: <ul style="list-style-type: none"> <li>• describe the applications of motion mapping, actigraphy, and computer vision to monitoring behavioural and psychological symptoms of people with dementia;</li> </ul>	



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		<ul style="list-style-type: none"><li>• identify barriers and facilitators to the use of technology in people with dementia; and</li><li>• explore ethical questions surrounding the use of sensors and artificial intelligence in the care of people with dementia.</li></ul>	
	<div>LINE 2</div>	<div><div>Dementia-themed Orals</div><div><div>22. Telemedicine and the Rural Dementia Population: A Systematic Review</div><div>Kerman Sekhon, Harmehr Sekhon</div><div>At the end of the session, the participant will be able to:<ul style="list-style-type: none"><li>• describe how we can support aging in the community;</li><li>• identify the strengths and limitations of telemedicine use in older adults; and</li><li>• describe the current use of telemedicine in rural setting with individuals with dementia.</li></ul></div></div><div><div>23. Development and Implementation of a Clinical Pathway for the Detection and Management of Depression and Anxiety in Persons Living with Dementia</div><div>Zahra Goodarzi</div><div>At the end of the session, the participant will be able to:<ul style="list-style-type: none"><li>• assess the barriers to detecting anxiety and depressive symptoms in persons living with dementia;</li><li>• evaluate the development and contents of a clinical care pathway for diagnosing managing depression and anxiety in persons living with dementia; and</li><li>• evaluate the multifaceted implementation of the clinical care pathway implementation study in 5 cognitive and geriatric medicine clinics.</li></ul></div></div></div> <td><div></div></td>	<div></div>



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		<b>24. Investigation of the Positron-Emission Tomography [18F]MK-6240 Tau Ligand in Genetic Frontotemporal Dementia</b> Jake Levy  At the end of the session, the participant will be able to: <ul style="list-style-type: none"> <li>describe the current state of tau-PET imaging in frontotemporal dementia;</li> <li>apply the critical need for a reliable molecular diagnostic marker in frontotemporal dementia; and</li> <li>identify the strengths and weaknesses of the novel [18F]MK-6240 tau-PET tracer as a potential biomarker in frontotemporal dementia.</li> </ul>	
1:20 p.m. – 2:00 p.m.	LINE 1 LINE 2 LINE 3	<b>Minute Madness Poster Session</b> For this session, poster presenters have been divided into the groups listed below. Each group of poster presenters will be presenting in their specific groups virtual room which will run concurrently. Each poster presenter will have 1 minute to summarize their research, followed by moderated Q&A.  <a href="#">Clinical Care/Interventions</a> <a href="#">Neurobiological Markers</a> <a href="#">Service Delivery Innovation</a>  <i>To see the full list of Minute Madness Poster presenters press ctrl+click on the desired group link above. Alternatively, scroll down to the end of the program.</i>	
2:00 p.m. – 2:10 p.m.	ALL	<b>Music Break</b>	
Concurrent Block #5			
2:10 p.m. – 2:40 p.m.	LINE 1	<b>25. Approche systématisée des troubles réfractaires en gérontopsychiatrie</b> * This presentation will be delivered in French  Chair: Francois Rousseau	



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		<p>Presenters: David Boivin-Lafleur, Jean-Francois Cote, Francois Rousseau</p> <p>At the end of the session, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• réviser les données probantes de la littérature concernant les troubles psychiatriques réfractaires affectant les aînés;</li> <li>• intégrer une démarche clinique rigoureuse pour le diagnostic et la prise en charge des troubles psychiatriques réfractaires chez la population âgée; and</li> <li>• maîtriser les connaissances pertinentes concernant l'utilité et les indications des thérapies somatiques comme l'électro convulsivothérapie (ECT) et de la stimulation cérébrale en gérontopsychiatrie (rTMS et autres techniques).</li> </ul>	
	LINE 2	<p><b>26. A Hands on Workshop on Polypharmacy and Deprescribing</b> Sophiya Benjamin, Joanne M.W. Ho, Saumil Dholakia</p> <p>At the end of the session, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• integrate knowledge from pharmacology and drug drug interactions into their prescribing practice;</li> <li>• acquire an approach to complex deprescribing scenarios; and</li> <li>• propose increasing interprofessional communication to minimize medication induced harm.</li> </ul>	
	LINE 3	<p><b>27. Supporting Indigenous Populations in a Geriatric Mental Health Context Through the Use of Adapted Assessment Tools: Canadian Indigenous Cognitive Assessment (CICA), and Through the Use of an Adapted Personhood Tool: The PIECES of my RELATIONSHIPS</b> Emily Piraino, Melissa Blind</p> <p>At the end of the session, the participant will be able to:</p>	



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		<ul style="list-style-type: none"> <li>• identify the importance of culturally safe tools in the context of geriatric mental health and review the adaptation process of the PIECES of my RELATIONSHIPS;</li> <li>• apply approach recommendations for working with Indigenous older adults in the context social assessment and support; and</li> <li>• acquire the skills and knowledge to incorporate the use of the PIECES of my RELATIONSHIPS tool into practice.</li> </ul>	
2:50 p.m. – 3:20 p.m.	<p><b>LINE 1</b></p>	<p><b>Short Presentations: COVID Innovations and Pandemic Response</b></p> <p><b>28. Withdrawn</b></p> <p><b>29. An Innovative Virtual Approach to Family Caregiving in Long-term Care during COVID-19</b> Lisa Cranley At the end of the session, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• discuss ways to support family caregivers with a loved one (resident) in long-term care during the pandemic;</li> <li>• discuss how a communication tool can be adapted for virtual use in response to the pandemic; and</li> <li>• describe ways to support resident and family engagement in research.</li> </ul> <p><b>30. Facing Isolation Together: Protocol of a Volunteer-Based Telehealth Program for Isolated Older Adults during COVID-19</b> Harmehr Sekhon At the end of the session, the participant will be able to:</p> <ul style="list-style-type: none"> <li>• identify the mental health need during COVID-19;</li> <li>• assess the value of telehealth as a preventive tool for mental health; and</li> <li>• potentially integrate a telehealth support program in their community.</li> </ul>	



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	<b>31. Challenges and Opportunities for Geriatric Psychiatric Units in Pandemic Times</b> Sarah Brunelle, Geneviève Létourneau At the end of the session, the participant will be able to: <ul style="list-style-type: none"> <li>• examine the direct and indirect impacts of the Covid-19 pandemic on geriatric psychiatry units;</li> <li>• review what measures can be implemented to adapt our care and teaching during such times; and</li> <li>• discuss the roles, and the powers, of the geriatric psychiatrists when it comes to determining what is best for the older adults with psychiatric conditions.</li> </ul>	
3:20 p.m. – 3:25 p.m. <b>LINE 1</b>	<b>Closing Remarks</b> Drs. Andrea Iaboni and Soham Rej	



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## Posters

This year the CAGP-CCSMH poster presentations will have two elements. All posters will be accessible to registered delegates in the ASM portal and will include an electronic poster and a video description. The 2<sup>nd</sup> element is the Minute Madness Poster session on Saturday, October 17 from 1:20 p.m. – 1:40 p.m which include those who opted to present their posters virtually. The virtual poster rounds have been divided into 3 groups (Neurobiological Markers, Service Delivery Innovation and Clinical Care/Interventions). Registered delegates will be able to choose which poster room they would like to join for the virtual presentations. For a complete list of posters, see below.

Live Poster Presentations	
Neurobiological/Biomarkers	
32	<b>The Management of Treatment-Refractory Behavioural Variant Frontotemporal Dementia with Electroconvulsive Therapy: A Case Report</b> Nimrit Bath – Presenting Live  Nimrit Bath, Maria Hussain
33	<b>Effects of Mindfulness-Based Cognitive Therapy on Peripheral Blood Markers of Inflammation and Stress in Late-life Depression and Anxiety: A Pre-Planned Secondary Analysis of Data from a Randomized Controlled Trial</b> Claudia Belliveau – Presenting Live  Claudia Belliveau, Corina Nagy, Sophia Escobar, Naguib Mechawar, Gustavo Turecki, Soham Rej, S. Gabriela Torres-Platas
34	<b>Gamma Wave Entrainment as a Non-invasive and Non-Pharmacological Disease-Modifying Treatment in Alzheimer's – A Ray of Hope</b> Vincent Couture – Presenting Live  Vincent Couture, Vasavan Nair
35	<b>Withdrawn</b>
36	<b>Investigating the Abilities of People with Dementia and Mild Cognitive Impairment to Take Over and Resume Driving Control from an Automated Vehicle</b> Mark Rapoport – Presenting Live  Mark Rapoport, Shabnam Haghzare, Jennifer Campos, PhD, Elaine Stasiulis, Gary Naglie, Alex Mihailidis on behalf of the CCNA Driving Cessation Team Co-Investigators and CCNA Study Group
37	<b>Cerebrospinal Fluid Biomarkers in Older Adults with Mild Cognitive Impairment, with and without a Major Depressive Disorder</b> Patrick Salwierz, Angela C. Golas – Presenting Live



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	Angela C. Golas, Patrick Salwierz, Tarek Rajji, Christopher R. Bowie, Meryl A. Butters, Corrine E. Fischer, Alastair J. Flint, Nathan Herrmann, Linda Mah, Benoit H. Mulsant, Bruce G. Pollock, Foad Taghdiri, Maria C. Tartaglia
38	<b>Diminished Ability to Overcome Mnemonic Interference in Individuals with Treatment Resistant Depression</b> Mahdiah Varvani Farahani – Presenting Live  Mahdiah Varvani Farahani, Sudesna Chakraborty, Richard O'Reilly, Amer Burhan, Lena Palaniyappan, Ali Khan, Stefan Köhler
39	<b>Dysphoric Mood of Late Life Depression Leads to Negative Deviation of Reality as Measured by a Random Event Generator</b> Akshya Vasudev – Presenting Live  Akshya Vasudev, Grace Kadler, Imants Baruss, Emily Ionson
<b>Service Delivery Innovation</b>	
40	<b>Evaluation of the Waterloo Wellington Behavioural Supports Ontario Program in Long-Term Care</b> Kayla Brooks – Presenting Live  Kayla Brooks, Paul Stolee, Jacobi Elliott, Carrie McAiney
42	<b>Development of a Novel Clinical Rotation in the Care of Older Adults with Substance Use Disorders</b> Jessica Cuppage – Presenting Live  Jessica Cuppage, Amy Freedman, Marilyn White-Campbell
43	<b>Taking Stock: Baycrest's 2 Day Outpatient Mental Health Program for Older Adults</b> CJ Grief – Presenting Live  CJ Grief, Sabrina Botsford, Janet Murchison, Robert Madan, Nancy Skoczkowski
44	<b>Customizing Education: An Online Bespoke Module for Caregivers of Persons with Dementia</b> Cindy Grief – Presenting Live  Cindy Grief, Lisa Sokoloff, Adriana Shnall, Sandra Gardner, Claire Chan, Rosalind Sham
45	<b>Collaborative Mental Health Care for Older Adults: Building Capacity with Primary Care Physicians</b> Briana Howarth – Presenting Live  Briana Howarth, Nick Kates, Karen Saperson, Wei Wang, Pallavi Dham, Lillian Lourenco, Tarek K. Rajji, Carrie McAiney
46	<b>Promoting Seniors Mental Health: A Vision for Suicide Risk Assessment and Management</b> Ann Jarvie – Presenting Live



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	Ann Jarvie, Amy Van Berkum, Alexander Douglas, Kris Pettit, Sharlene Elsie
47	<b>An Urgent Geri-Psych Clinic on Wheels: A Process Re-Design Using a Nurse Practitioner to Avert hospital admissions from the ED</b> Karen Simpson – Presenting Live  Karen Simpson, Nicole Rodney-Hare
48	<b>What is the role of Geriatric Psychiatry in Project ECHO® Care of the Elderly?</b> Lisa Sokoloff – Presenting Live  Lisa Sokoloff, David Conn, Cindy Grief, Navena Lingum, Shaen Gingrich, Devin Sodums, Anna Santiago, Rosalind Sham
49	<b>Champlain Specialized Behavioural Support Unit (SBSU) for Dementia Care: Review of Early Success</b> Tatiana Vavrova & Dr. Cathy Braidek – Presenting Live  Tatiana Vavrova, Dr. Cathy Braidek, Adele Lončar, Nancy Lesiuk, Kerry Tubman
<b>Clinical Care/Interventions</b>	
50	<b>Mobile Apps for Suicidal Ideation and Behaviors</b> Atami De Main – Presenting Live  Atami S. De Main, Bo Xie
51	<b>Withdrawn</b>
52	<b>The Fountain of Health for Optimal Aging: Results from a Community-Based Workshop Series Delivered by Retired Physicians in Nova Scotia</b> Amy Gough – Presenting Live  Amy Gough, Dr. Keri-Leigh Cassidy, Dr. Michael Vallis, Ms. Jean Robinson-Dexter
53	<b>Older Adult Group Activity in the Time of COVID19</b> Mary T. Hynes – Presenting Live  Mary Hynes, Monika Kastner, Nicole D. Anderson, Arlene J. Astell
54	<b>Caring for Individuals with Behavioural and Psychological Symptoms of Dementia during the COVID-19 Pandemic</b> Alvin Keng – Presenting Live  Alvin Keng, Eric E Brown, Aviva Rostas, Tarek K Rajji, Bruce G Pollock, Benoit H Mulsant, Sanjeev Kumar
56	<b>Predictors of Delirium in a Geriatric Burn Unit at the Sunnybrook Health Sciences Centre (SHSC)</b> Emilie Norris-Roozmon – Presenting Live



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	Emilie Norris-Roozmon, Dr. Orrisha-Denbow-Burke, Dr. Corinne E. Fischer, Dr. Mireille Norris
57	<b>A Covid-19 Imperative: The Use of Half Doors in the Isolation of Residents with Dementia in Long-Term Care</b> Sarah Krieger-Frost – Presenting Live  Lynda Culley, Sarah Krieger-Frost, Caitlin Manley, Andrea Perry
58	<b>Withdrawn</b>
<b>Posters – Available in ASM portal only</b>	
41	<b>Mobilizing Teens to Build Dementia-Friendly Communities: A Peer-Based Approach</b> Lena Cassidy, Beth Soltzberg
55	<b>Out of the shadows: Addressing Resident-to-Resident Aggression in Long-Term Care</b> Riley Malvern
59	<b>Withdrawn</b>
60	<b>Content Validity of Competencies for a Competency by Design Electroconvulsive Therapy Curriculum in Canadian Psychiatry Residency Training</b> Taran Chawla, Dr. Valerie Primeau
61	<b>Withdrawn</b>
62	<b>Adequacy of Care and Persistence of Common Mental Disorders in Older Adults Consulting in Primary Care in Quebec</b> Catherine Lamoureux-Lamarche, Djamal Berbiche, Helen-Maria Vasiliadis
63	<b>Insomnia of Caregivers (CG) of People Suffering from Alzheimer Disease (AP) and its Associations with CG's and AP's Psychologic and Sociodemographic Features</b> Marianne Lemay, Sébastien Grenier, Marie-Michelle Boudreau, Gabrielle Laurier
64	<b>An Unusual Presentation of Dorian Gray Syndrome in an Elderly Woman</b> Mastooreh Mehrafarin, Karen Cassells, Dr. Shabbir Amanullah
65	<b>The Dementia Experience Workshop: Building Understanding and Empathy Through a Simulated Learning Exercise</b> Olga Yashchuk, Cheryl Murphy, Sarah Krieger-Frost
66	<b>Preliminary Examination of the Potential Benefits and Barriers to Home-based Telepsychiatric Care for Older Adults Provided by Toronto-based University of Toronto Affiliated Geriatric Psychiatrists</b> Crystal Zhou, Dr. Carole Cohen
67	<b>Sociodemographic, Psychosocial, and Clinical Factors Associated with Prescription Opioid Use Among Older Adults Consulting in Primary Care</b> Carina D'Aiuto, Helen-Maria Vasiliadis
68	<b>The Role of Physical and Psychiatric Multimorbidity in the Relationship Between Prescription Opioid Use and Mortality Among Older Adults</b> Carina D'Aiuto, Helen-Maria Vasiliadis
69	<b>Distinguishing Between Dementia and Depression in Older Adults</b> Leslie Giddens-Zuker



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70	<b>Establishing a Framework for Understanding and Addressing Responsive Behaviours of Individuals with Dementia during Personal Hygiene Care</b> M. Disher, D. Gunaratne, A. Cockburn, A. Iaboni
90	<b>Breath Regulation and yogic Exercise: An online Therapy for calm and Happiness (BREATH) for frontline hospital and long term care home staff managing the COVID 19 pandemic (a pilot feasibility study) ★</b> Paris Lai
91	<b>Innovations in PGY3 Core Geriatric Psychiatry Teaching ★</b> Rachel Carr
92	<b>Research Proposal: Integrating Medical Genetics Testing in Neuropsychiatric Presentations ★</b> Marissa LeBlanc

★ - CAGP Psychiatry Resident Award Winner

## Pre-Recorded Content

The CAGP-CCSMH are thrilled to be able to offer pre-recorded content along with the live virtual program this year. This content will be available on the ASM portal for all registered delegates, and can be viewed at your leisure. For a list of pre-recorded content, please see below.

### Pre-Recorded Workshops

71	<b>Optimizing the Use of Benzodiazepine Receptor Agonists (BZRAs) in Institutional Settings</b> Christopher Kitamura, Dr. Catalina Lopez de Lara, Dr. David Conn
72	<b>A New Approach to Understating the Meaning of Behavioural Expressions in Persons Living with Neurocognitive Disorders</b> Atul Luthra, Theresa Breen
73	<b>The Baycrest Quick-Response Caregiver Tool: The Role for a New Tool for caregivers of Persons with Dementia</b> Robert Madan, Anna Berall, Marsha Natadiria, Rosanne Aleong, Kenneth Schwartz, Anna Theresa Santiago
74	<b>Evaluation of Groups for Nicotine Dependent Older Adults in Long-term Care</b> Marilyn White-Campbell, Whitcliffe Henry
75	<b>Don't Hide Away: Destigmatizing Dementia with Memory Cafes</b> Olga Yashchuk, Beverley Cassidy, Steven Wilton

### Pre-Recorded Symposium

76	<b>Cognitive and Emotional Frailty in Old Age: Correlates and Potential for Prevention</b> Amer Burhan
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### Pre-Recorded Oral Presentations

12	<b>Optimizing Practices, Use, Care and Services-Antipsychotics (OPUS-AP): A Phase 2 Scale-up to 129 Long-term Care (LTC) centers in Quebec, Canada</b> Marie-Andrée Bruneau
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77	<b>Supporting LTC Residents with Responsive Behaviours After-Hours: A Collaborative Approach to Care in London-Middlesex</b> Alex Phillips, Patricia Potter-Bereznick, Dr. Lisa Van Bussel, Krista Harloff
78	<b>The Behavioural Supports Ontario-Dementia Observation System (BSO-DOS®): Un outil d'évaluation pour faire l'observation de comportement(s) associé(s) avec la démence</b> Debbie Hewitt Colborne, Lori Schindel Martin, Lindy Kilik, Fernanda Fresco, Tina Kalviainen, Helene Gravel, Jennifer St-Jules, Melanie Beaulieu
79	<b>Withdrawn</b>
80	<b>An Interdisciplinary Approach to Geriatric Mental Health Outreach: Assisting Older Adults with Dementia and Neuropsychiatric Symptoms to Stay out of Acute Care and Remain in Long-term Care</b> Katelyn Reynolds, Leslie Giddens-Zuker, Vanessa Thoo
81	<b>Coping with Aging in Ourselves and Our Patients: Reflections of an Experienced and Aging Therapist</b> Ken Schwartz
82	<b>Terminal Restlessness in Dementia</b> Vanessa Thoo, Leslie Giddens-Zuker
83	<b>A Collaborative Approltation-Liaison Psychiatry in the Geriatric Population: Optimizing the Care of Older Adults with Dementia and Neuropsychiatric Symptoms Admitted to Acute Care</b> Vanessa Thoo, Katelyn Reynolds, Linda Liu
84	<b>The Creation of a Clinical Demonstration Unit. Embedding Ongoing Academic Research into Point of Care on a Geriatric Dementia Unit</b> Andra Duff-Woskosky, Ilan Fischler, Wally Bartfay, Chaitali Desai, Tim Pauley
85	<b>Reducing Stigma Through Person-centred Language Online Learning</b> Katelynn Viau Aelick, Anthony J Levinson, Audra Thompson-Haile
86	<b>Does Mindfulness Intervention and Health Enhancement Program (HEP) Improve Sleep Parameters in Hemodialysis Patients with Depression and Anxiety? An Actigraphy Analysis of a Randomized Controlled Trial</b> Rim Nazar

## Pre-Recorded Clinical Cases

87	<b>The Stigma of a Diagnosis - A Case Presentation</b> Kerstina Bector, Dr. Chedza Hatitchki
88	<b>A Case of Late-onset Bipolar Disorder with a Resistant Manic Episode</b> Sarah Brunelle, William Pelletier, Anabel Lauzière
89	<b>Un Cas Clinique de Complication Atypique Chez un Patient Atteint de COVID -19</b> Natalia Mikhailichenko, Olga Sobokar



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