



20/20: Clear Vision of the Future of Seniors' Mental Health in Canada

Virtual Annual Scientific Meeting Program – At A Glance
October 16-17, 2020

Please note:

All times listed in the program are in Eastern Daylight Time.

For sessions that run concurrently, please choose the session you would like to join virtually. Registered delegates can “walk” virtually throughout the concurrent sessions. Registered delegates will have access to all session recordings 7-10 business days following the ASM.


ACCREDITATION

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada, and approved by the Canadian Geriatric Society.

This **Group Learning** program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 6.50 Mainpro+ credits.

ASM Learning Objectives

- Describe the impact of advances in seniors’ mental health care over the years on current practices.
- Apply evidence-based inter-disciplinary approaches, including integrated approaches in primary care, to improve practice in seniors’ mental health.
- Reflect on opportunities to implement innovations in mental health care for older adults to extrapolate into future practice.

Friday, October 16, 2020		
10:55 a.m. EDT	Delegates - Virtual Check-In	
11:00 a.m. – 11:10 a.m. LINE 1	Welcome and Opening Remarks Drs. Andrea Iaboni and Soham Rej, Claire Checkland	
11:10 a.m. – 11:50 a.m. LINE 1	Late-Life Depression - Mechanisms and Interventions George Alexopoulos	
11:50 a.m. – 12:00 p.m. LINE 1	Yoga Wellness Session Tabitha Carloni, Certified Yoga Instructor	



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		<i>Have a yoga mat or towel, a refreshing beverage and a quiet space ready for this invigorating yoga session with Tabitha! All levels welcome.</i>	
12:00 p.m. – 12:40 p.m. LINE 1		The Last and the Next 20 Years in Geriatric Psychiatry * This presentation will be delivered in both English and French Marie-France Tourigny-Rivard & Marie-Hélène Rivard	
12:40 p.m. – 12:45 p.m. LINE 1		Music Break Dr. John Klukach	
Concurrent Sessions: Block 1			
12:45 p.m. – 1:15 p.m.	LINE 1	1. Bridging Knowledge Gaps in the Detection and Treatment of Neuropsychiatric Symptoms in Dementia: A Review of Current Evidence Chair: Zahra Goodarzi Presenters: Zahra Goodarzi, Jennifer Watt	
	LINE 2	2. Update of the Canadian Coalition for Seniors' Mental Health Guidelines on the Assessment and Treatment of Depression David Conn, Robert Madan, Cindy Grief, Daniel Blumberger, Kiran Rabheru	
	LINE 3	Geriatric Mental Health-themed Orals: 3. Are We Over Relying on Subjective Complaints When Assessing Cognition? Sivan Klil-Drori 4. A New Integrated Community Collaborative Care Model for Seniors with Depression or Anxiety Symptoms and any Chronic Physical Condition Richard Shulman 5. Standardizing Care for Neuropsychiatric Symptoms and Quality of Life in Dementia (StaN): Opportunities and Challenges of Implementing Algorithmic Care Pathway in Long-term Care Setting	



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1:20 p.m. – 1:40 p.m. ZOOM MEETING #5 ZOOM MEETING #6 ZOOM MEETING #7 ZOOM MEETING #8	Series of Virtual Round Tables: Networking Session For this session, registered delegates will be able to choose a virtual round table to allow for small group networking. Each round table will be moderated. Participation is encouraged in this valuable networking opportunity! <ul style="list-style-type: none"> • Positive Psychiatry - WPA Section Meeting Moderator: Kiran Rabheru • Cannabis Use in Older Adults Moderator: David Conn • Advocacy Moderator: Claire Checkland • ECT Moderator: Daniel Blumberger 	
1:45 p.m. – 2:15 p.m. LINE 1	Short Presentations: COVID Innovations and Pandemic Response 6. Development and Dissemination of an Ethical Guidance and Person-centred Isolation Care Planning Tool to Support the Care of People with Dementia During the COVID-19 Pandemic Andrea Iaboni 7. Dementia Doesn't Stop and Neither Do We: Establishing a COVID-19 and Dementia Task Force Saskia Sivanthanan 8. Supporting the Mental Health Needs of Long-term Care Staff during the COVID-19 Pandemic Aviva Rostas	



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		9. Project ECHO® Care of the Elderly: Response to COVID-19 Needs in Long-term Care Lisa Sokoloff	
Concurrent Sessions: Block 2			
2:20 p.m. – 2:50 p.m.	LINE 1	10. Developing Novel Biomarkers for Neuropsychiatric Symptoms of Dementia using Neurophysiology, Actigraphy and Brain Imaging Chair: Sanjeev Kumar Presenters: Corinne E. Fischer, Shaylyn Joseph, Sanjeev Kumar, Amer Burhan	
	LINE 2	11. Canadian Guidelines for Substance Use Disorders among Older Adults: From Recommendations to Implementation! David Conn, Kiran Rabheru, Claire Checkland	
	LINE 3	Dementia-themed Orals 13. Web-based Dementia Care Partner Education Using the iGeriCare Platform: Using Educational Prescriptions in your Practice Anthony Levinson 14. Developing a Prototype for an Open-access e-module to Enhance Practice Specific to Sexual and Intimate Expressions in People with Dementia Katelynn Viau Aelick	
2:55 p.m. – 3:15 p.m. ZOOM MEETING #5		Virtual Social Event: Mixologist It's 5 p.m. somewhere! No matter your time zone, let's connect virtually and mix a drink together! We welcome mixologist Trevor Burnett to teach us how to mix the perfect drink. An alcoholic and non-alcoholic option will be available. <i>Ingredient and tools list to come!</i>	



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3:20 p.m. ZOOM MEETING #5	CAGP Annual General Meeting (members only)	
4:45 p.m. – 5:45 p.m. ZOOM MEETING #5	Resident Social Join mixologist, Trevor Burnett, for a 30 minute tutorial on how to make a South Side! You will then have a chance to catch up and socialize with your colleagues. Stay tuned for a list of ingredients.	
Saturday, October 17, 2020		
On your own time!	Virtual Fun Run/Walk or Yoga Fundraiser Let's get active and explore our neighbourhoods together! We want all participants to unite across the country for our usual fundraiser, but this time you'll be exploring your own area. Please share photos of your run, walk or yoga session #CAGPCCSMH2020	
11:00 a.m. – 11:05 a.m. LINE 1	Delegates - Virtual Check-In	
11:05 a.m. – 11:10 a.m. LINE 1	Welcome – Day 2 Andrea Iaboni and Soham Rej	
11:10 a.m. – 11:50 a.m. Keynote Address LINE 1	Aging, Mental Health and Technology: A Rapidly Evolving Paradigm Ipsit Vahia	
11:50 a.m. – 12:00 p.m. LINE 1	Yoga Wellness Session Neeti Sasi, Registered Social Worker and Certified Yoga Instructor <i>For this wellness session you just need space and a refreshing beverage! Neeti will wake us up with some standing yoga stretches. All levels welcome!</i>	



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Concurrent Block #3			
12:05 p.m. – 12:35 p.m.	LINE 3	15. Innovations in Geriatric Mental Health Delivery and Research in Mind Body Psychiatry and Recreation Therapy Chair: Akshya Vasudev Presenters: Lisa Joworski, Marouane Nassim, Lisa VanBussel, Emily Ionson	
	LINE 1	16. Building Capacity for Behavioral Support in Acute Care Settings: Enhancing Knowledge, Skills, and Attitudes Among Health Care Teams Kiran Rabheru, Vera Hula, Jennifer Koop	
	LINE 2	COVID Case Series 17. Falling Through the Cracks during COVID-19 Cindy Grief 18. The Transformative Effect of Art on Mental Health Cindy Grief 19. Supporting Safe Smoking Cessation for Long-term Care Residents in Isolation Due to COVID-19 Marilyn White-Campbell	
	ZOOM MEETING	Careers in Geriatric Psychiatry Join the Careers in Geriatric Psychiatry session lead by Dr. Dallas Seitz and Dr. Marla Davidson! Network with your colleagues, ask questions and discuss opportunities pertaining to Geriatric Psychiatry.	
12:35 p.m. – 12:45 p.m. ALL		Music Break	



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Concurrent Block #4			
12:45 p.m. – 1:15 p.m.	LINE 3	20. MAID in the Context of End of Life Decisions in the Elderly Chair: Lilian Thorpe Presenters: Dominique Elie, Lilian Thorpe, Justine Dembo, Udo Schuklenk	
	LINE 1	21. The Use of Sensors and Artificial Intelligence in the Management of Behavioural and Psychological Symptoms of Dementia Andrea Iaboni, Dallas Seitz, Ipsit Vahia	
	LINE 2	Dementia-themed Orals 22. Telemedicine and the Rural Dementia Population: A Systematic Review Kerman Sekhon, Harmehr Sekhon 23. Development and Implementation of a Clinical Pathway for the Detection and Management of Depression and Anxiety in Persons Living with Dementia Zahra Goodarzi 24. Investigation of the Positron-Emission Tomography [18F]MK-6240 Tau Ligand in Genetic Frontotemporal Dementia Jake Levy	
1:20 p.m. – 2:00 p.m.	LINE 1	Minute Madness Poster Session For this session, poster presenters have been divided into the groups listed below. Each group of poster presenters will be presenting in their specific groups virtual room which will run concurrently. Each poster presenter will have 1 minute to summarize their research, followed by moderated Q&A. Clinical Care/Interventions	



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LINE 2 LINE 3		Neurobiological Markers Service Delivery Innovation <i>To see the full list of Minute Madness Poster presenters press ctrl+click on the desired group link above. Alternatively, scroll down to the end of the program.</i>	
2:00 p.m. – 2:10 p.m. ALL		Music Break Dr. John Klukach	
Concurrent Block #5			
2:10 p.m. – 2:40 p.m.	LINE 1	25. Approche systématisée des troubles réfractaires en gérontopsychiatrie *This presentation will be delivered in French Chair: Francois Rousseau Presenters: David Boivin-Lafleur, Jean-Francois Cote, Francois Rousseau	
	LINE 2	26. A Hands on Workshop on Polypharmacy and Deprescribing Sophiya Benjamin, Joanne M.W. Ho, Saamil Dholakia	
	LINE 3	27. Supporting Indigenous Populations in a Geriatric Mental Health Context Through the Use of Adapted Assessment Tools: Canadian Indigenous Cognitive Assessment (CICA), and Through the Use of an Adapted Personhood Tool: The PIECES of my RELATIONSHIPS Emily Piraino, Melissa Blind	
2:50 p.m. – 3:20 p.m. LINE 1	Short Presentations: COVID Innovations and Pandemic Response 28. Withdrawn 29. An Innovative Virtual Approach to Family Caregiving in Long-term Care during COVID-19 Lisa Cranley		



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	30. Facing Isolation Together: Protocol of a Volunteer-Based Telehealth Program for Isolated Older Adults during COVID-19 Harmehr Sekhon 31. Challenges and Opportunities for Geriatric Psychiatric Units in Pandemic Times Sarah Brunelle, Geneviève Létourneau	
3:20 p.m. – 3:25 p.m. LINE 1	Closing Remarks Andrea Iaboni and Soham Rej	



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Posters

This year the CAGP-CCSMH poster presentations will have two elements. All posters will be accessible to registered delegates in the ASM portal and will include an electronic poster and a video description. The 2nd element is the Minute Madness Poster session on Saturday, October 17 from 1:20 p.m. – 1:40 p.m which include those who opted to present their posters virtually. The virtual poster rounds have been divided into 3 groups (Neurobiological Markers, Service Delivery Innovation and Clinical Care/Interventions). Registered delegates will be able to choose which poster room they would like to join for the virtual presentations. For a complete list of posters, see below.

Live Poster Presentations	
Neurobiological/Biomarkers	
32	The Management of Treatment-Refractory Behavioural Variant Frontotemporal Dementia with Electroconvulsive Therapy: A Case Report Nimrit Bath – Presenting Live Nimrit Bath, Maria Hussain
33	Effects of Mindfulness-Based Cognitive Therapy on Peripheral Blood Markers of Inflammation and Stress in Late-life Depression and Anxiety: A Pre-Planned Secondary Analysis of Data from a Randomized Controlled Trial Claudia Belliveau – Presenting Live Claudia Belliveau, Corina Nagy, Sophia Escobar, Naguib Mechawar, Gustavo Turecki, Soham Rej, S. Gabriela Torres-Platas
34	Gamma Wave Entrainment as a Non-invasive and Non-Pharmacological Disease-Modifying Treatment in Alzheimer's – A Ray of Hope Vincent Couture – Presenting Live Vincent Couture, Vasavan Nair
35	Withdrawn
36	Investigating the Abilities of People with Dementia and Mild Cognitive Impairment to Take Over and Resume Driving Control from an Automated Vehicle Mark Rapoport – Presenting Live Mark Rapoport, Shabnam Haghzare, Jennifer Campos, PhD, Elaine Stasiulis, Gary Naglie, MD, FRCPC, FGSA, Alex Mihailidis, PhD, PEng, on behalf of the CCNA Driving Cessation Team Co-Investigators and CCNA Study Group
37	Cerebrospinal Fluid Biomarkers in Older Adults with Mild Cognitive Impairment, with and without a Major Depressive Disorder Patrick Salwierz, Angela C. Golas – Presenting Live



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	Angela C. Golas, Patrick Salwierz, Tarek Rajji, Christopher R. Bowie, Meryl A. Butters, Corrine E. Fischer, Alastair J. Flint, Nathan Herrmann, Linda Mah, Benoit H. Mulsant, Bruce G. Pollock, Foad Taghdiri, Maria C. Tartaglia
38	Diminished Ability to Overcome Mnemonic Interference in Individuals with Treatment Resistant Depression Mahdiah Varvani Farahani – Presenting Live Mahdiah Varvani Farahani, Sudesna Chakraborty, Richard O'Reilly, Amer Burhan, Lena Palaniyappan, Ali Khan, Stefan Köhler
39	Dysphoric Mood of Late Life Depression Leads to Negative Deviation of Reality as Measured by a Random Event Generator Akshya Vasudev – Presenting Live Akshya Vasudev, Grace Kadler, Imants Baruss, Emily Ionson
Service Delivery Innovation	
40	Evaluation of the Waterloo Wellington Behavioural Supports Ontario Program in Long-Term Care Kayla Brooks – Presenting Live Kayla Brooks, Paul Stolee, Jacobi Elliott, Carrie McAiney
42	Development of a Novel Clinical Rotation in the Care of Older Adults with Substance Use Disorders Jessica Cuppage – Presenting Live Jessica Cuppage, Amy Freedman, Marilyn White-Campbell
43	Taking Stock: Baycrest's 2 Day Outpatient Mental Health Program for Older Adults CJ Grief – Presenting Live CJ Grief, Sabrina Botsford, Janet Murchison, Robert Madan, Nancy Skoczkowski
44	Customizing Education: An Online Bespoke Module for Caregivers of Persons with Dementia Cindy Grief – Presenting Live Cindy Grief, Lisa Sokoloff, Adriana Shnall, Sandra Gardner, Claire Chan, Rosalind Sham
45	Collaborative Mental Health Care for Older Adults: Building Capacity with Primary Care Physicians Briana Howarth – Presenting Live Briana Howarth, Nick Kates, Karen Saperson, Wei Wang, Pallavi Dham, Lillian Lourenco, Tarek K. Rajji, Carrie McAiney
46	Promoting Seniors Mental Health: A Vision for Suicide Risk Assessment and Management Ann Jarvie – Presenting Live



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	Ann Jarvie, Amy Van Berkum, Alexander Douglas, Kris Pettit, Sharlene Elsie
47	An Urgent Geri-Psych Clinic on Wheels: A Process Re-Design Using a Nurse Practitioner to Avert Hospital Admissions from the ED Karen Simpson – Presenting Live Karen Simpson, Nicole Rodney-Hare
48	What is the Role of Geriatric Psychiatry in Project ECHO® Care of the Elderly? Lisa Sokoloff – Presenting Live Lisa Sokoloff, David Conn, Cindy Grief, Navena Lingum, Shaen Gingrich, Devin Sodums, Anna Santiago, Rosalind Sham
49	Champlain Specialized Behavioural Support Unit (SBSU) for Dementia Care: Review of Early Success Tatiana Vavrova & Dr. Cathy Braidek – Presenting Live Tatiana Vavrova, Dr. Cathy Braidek, Adele Lončar, Nancy Lesiuk, Kerry Tubman
Clinical Care/Interventions	
50	Mobile Apps for Suicidal Ideation and Behaviors Atami De Main – Presenting Live Atami S. De Main, Bo Xie
51	Withdrawn
52	The Fountain of Health for Optimal Aging: Results from a Community-Based Workshop Series Delivered by Retired Physicians in Nova Scotia Amy Gough – Presenting Live Amy Gough, Dr. Keri-Leigh Cassidy, Dr. Michael Vallis, Ms. Jean Robinson-Dexter
53	Older Adult Group Activity in the Time of COVID19 Mary T. Hynes – Presenting Live Mary Hynes, Monika Kastner, Nicole D. Anderson, Arlene J. Astell
54	Caring for Individuals with Behavioural and Psychological Symptoms of Dementia during the COVID-19 Pandemic Alvin Keng – Presenting Live Alvin Keng, Eric E Brown, Aviva Rostas, Tarek K Rajji, Bruce G Pollock, Benoit H Mulsant, Sanjeev Kumar
56	Predictors of Delirium in a Geriatric Burn Unit at the Sunnybrook Health Sciences Centre (SHSC) Emilie Norris-Roozmon – Presenting Live



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	Emilie Norris-Roozmon, Dr. Orrisha-Denbow-Burke, Dr. Corinne E. Fischer, Dr. Mireille Norris
57	A Covid-19 Imperative: The Use of Half Doors in the Isolation of Residents with Dementia in Long-Term Care Sarah Krieger-Frost – Presenting Live Lynda Culley, Sarah Krieger-Frost, Caitlin Manley, Andrea Perry
58	Withdrawn
Posters – Available in ASM portal only	
41	Mobilizing Teens to Build Dementia-Friendly Communities: A Peer-Based Approach Lena Cassidy, Beth Soltzberg
55	Out of the shadows: Addressing Resident-to-Resident Aggression in Long-Term Care Riley Malvern
59	Withdrawn
60	Content Validity of Competencies for a Competency by Design Electroconvulsive Therapy Curriculum in Canadian Psychiatry Residency Training Taran Chawla, Dr. Valerie Primeau
61	Withdrawn
62	Adequacy of Care and Persistence of Common Mental Disorders in Older Adults Consulting in Primary Care in Quebec Catherine Lamoureux-Lamarche, Djamal Berbiche, Helen-Maria Vasiliadis
63	Insomnia of Caregivers (CG) of People Suffering from Alzheimer Disease (AP) and its Associations with CG's and AP's Psychologic and Sociodemographic Features Marianne Lemay, Sébastien Grenier, Marie-Michelle Boudreau, Gabrielle Laurier
64	An Unusual Presentation of Dorian Gray Syndrome in an Elderly Woman Mastooreh Mehrafarin, Karen Cassells, Dr. Shabbir Amanullah
65	The Dementia Experience Workshop: Building Understanding and Empathy Through a Simulated Learning Exercise Olga Yashchuk, Cheryl Murphy, Sarah Krieger-Frost
66	Preliminary Examination of the Potential Benefits and Barriers to Home-based Telepsychiatric Care for Older Adults Provided by Toronto-based University of Toronto Affiliated Geriatric Psychiatrists Crystal Zhou, Dr. Carole Cohen
67	Sociodemographic, Psychosocial, and Clinical Factors Associated with Prescription Opioid Use Among Older Adults Consulting in Primary Care Carina D'Aiuto, Helen-Maria Vasiliadis
68	The Role of Physical and Psychiatric Multimorbidity in the Relationship Between Prescription Opioid Use and Mortality Among Older Adults Carina D'Aiuto, Helen-Maria Vasiliadis
69	Distinguishing Between Dementia and Depression in Older Adults Leslie Giddens-Zuker



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70	Establishing a Framework for Understanding and Addressing Responsive Behaviours of Individuals with Dementia during Personal Hygiene Care M. Disher, D. Gunaratne, A. Cockburn, A. Iaboni
90	Breath Regulation and yodic Exercise: An online Therapy for calm and Happiness (BREATH) for frontline hospital and long term care home staff managing the COVID 19 pandemic (a pilot feasibility study) ★ Paris Lai
91	Innovations in PGY3 Core Geriatric Psychiatry Teaching ★ Rachel Carr
92	Research Proposal: Integrating Medical Genetics Testing in Neuropsychiatric Presentations ★ Marissa LeBlanc

★ - CAGP Psychiatry Resident Award Winner



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Pre-Recorded Content

The CAGP-CCSMH are thrilled to be able to offer pre-recorded content along with the live virtual program this year. This content will be available on the ASM portal for all registered delegates, and can be viewed at your leisure. For a list of pre-recorded content, please see below.

Pre-Recorded Workshops

71	Optimizing the Use of Benzodiazepine Receptor Agonists (BZRAs) in Institutional Settings Christopher Kitamura, Dr. Catalina Lopez de Lara, Dr. David Conn
72	A New Approach to Understating the Meaning of Behavioural Expressions in Persons Living with Neurocognitive Disorders Atul Luthra, Theresa Breen
73	The Baycrest Quick-Response Caregiver Tool: The Role for a New Tool for caregivers of Persons with Dementia Robert Madan, Anna Berall, Marsha Natadiria, Rosanne Aleong, Kenneth Schwartz, Anna Theresa Santiago
74	Evaluation of Groups for Nicotine Dependent Older Adults in Long-term Care Marilyn White-Campbell, Whitcliffe Henry
75	Don't Hide Away: Destigmatizing Dementia with Memory Cafes Olga Yashchuk, Beverley Cassidy, Steven Wilton

Pre-Recorded Symposium

76	Cognitive and Emotional Frailty in Old Age: Correlates and Potential for Prevention Amer Burhan
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Pre-Recorded Oral Presentations

12	Optimizing Practices, Use, Care and Services-Antipsychotics (OPUS-AP): A Phase 2 Scale-up to 129 Long-term Care (LTC) centers in Quebec, Canada Marie-Andrée Bruneau
77	Supporting LTC Residents with Responsive Behaviours After-Hours: A Collaborative Approach to Care in London-Middlesex Alex Phillips, Patricia Potter-Bereznick, Dr. Lisa Van Bussel, Krista Harloff
78	The Behavioural Supports Ontario-Dementia Observation System (BSO-DOS®): Un outil d'évaluation pour faire l'observation de comportement(s) associé(s) avec la démence Debbie Hewitt Colborne, Lori Schindel Martin, Lindy Kilik, Fernanda Fresco, Tina Kalviainen, Helene Gravel, Jennifer St-Jules, Melanie Beaulieu
79	Withdrawn
80	An Interdisciplinary Approach to Geriatric Mental Health Outreach: Assisting Older Adults with Dementia and Neuropsychiatric Symptoms to Stay out of Acute Care and Remain in Long-term Care Katelyn Reynolds, Leslie Giddens-Zuker, Vanessa Thoo
81	Coping with Aging in Ourselves and Our Patients: Reflections of an Experienced and Aging Therapist Ken Schwartz
82	Terminal Restlessness in Dementia



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	Vanessa Thoo, Leslie Giddens-Zucker
83	A Collaborative Appraisal-Liaison Psychiatry in the Geriatric Population: Optimizing the Care of Older Adults with Dementia and Neuropsychiatric Symptoms Admitted to Acute Care Vanessa Thoo, Katelyn Reynolds, Linda Liu
84	The Creation of a Clinical Demonstration Unit. Embedding Ongoing Academic Research into Point of Care on a Geriatric Dementia Unit Andra Duff-Woskosky, Ilan Fischler, Wally Bartfay, Chaitali Desai, Tim Pauley
85	Reducing Stigma Through Person-centred Language Online Learning Katelynn Viau Aelick, Anthony J Levinson, Audra Thompson-Haile
86	Does Mindfulness Intervention and Health Enhancement Program (HEP) Improve Sleep Parameters in Hemodialysis Patients with Depression and Anxiety? An Actigraphy Analysis of a Randomized Controlled Trial Rim Nazar

Pre-Recorded Clinical Cases

87	The Stigma of a Diagnosis - A Case Presentation Kerstina Boctor, Dr. Chedza Hatitchki
88	A Case of Late-onset Bipolar Disorder with a Resistant Manic Episode Sarah Brunelle, William Pelletier, Anabel Lauzière
89	Un Cas Clinique de Complication Atypique Chez un Patient Atteint de COVID -19 Natalia Mikhailichenko, Olga Sobokar



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This program has received an educational grant or in-kind support from the following:

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